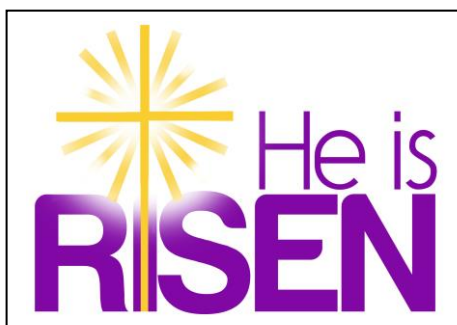


**EASTER SUNDAY OF THE RESURRECTION OF THE LORD**  
**Reading Cycle A**  
**Psalter Week 1**  
**Sunday 12<sup>TH</sup> April 2020**  
**Chaplains: Llandough-Rev. Peter Davies**  
**peter.davies4@wales.nhs.uk**  
**Heath-Rev. David Pritchard**  
**david.pritchard@wales.nhs.uk**



**ST PATRICK'S GRANGETOWN**  
**CARDIFF CF11 7 LJ**  
**Tel No: 20253514**

**Parish Priest:**  
**Canon Michael Patrick Evans**  
**e-mail: michael.evans@rcadc.org**  
 Confessions Saturday at 6pm  
 Before evening Mass & by request  
[www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)  
 Safeguarding Rep: C German  
 e-mail: Cge7618946@aol.com

**MASSES WILL BE CELEBRATED PRIVATELY**

<b>SATURDAY</b>	<b>11<sup>TH</sup> APRIL</b>	<b>EASTER SUNDAY OF THE RESURRECTION OF THE LORD</b>	<b>Maisie and Jim</b>
<b>SUNDAY</b>	<b>12<sup>TH</sup> APRIL</b>		<b>People of the Parish</b> <b>Bishop Thomas Brown</b>

<b>MONDAY</b>	<b>13<sup>TH</sup> APRIL</b>	<b>MONDAY OF THE OCTAVE OF EASTER</b>	<b>Maria Camacho and Joao Camacho</b> <b>Anniversary</b>
<b>TUESDAY</b>	<b>14<sup>H</sup> APRIL</b>	<b>TUESDAY OF THE OCTAVE OF EASTER</b>	<b>Ellen Chisholm, Bernard Stuart ,</b> <b>Edna O'Reilly</b>
<b>WEDNESDAY</b>	<b>15<sup>TH</sup> APRIL</b>	<b>WEDNESDAY OF THE OCTAVE OF EASTER</b>	
<b>THURSDAY</b>	<b>16<sup>TH</sup> APRIL</b>	<b>THURSDAY OF THE OCTAVE OF EASTER</b>	
<b>FRIDAY</b>	<b>17<sup>TH</sup> APRIL</b>	<b>FRIDAY OF THE OCTAVE OF EASTER</b>	<b>Maureen and Jack Sexton</b>

<b>SATURDAY</b>	<b>18<sup>TH</sup> APRIL</b>	<b>2<sup>ND</sup> SUNDAY OF EASTERTIDE</b> <b>DIVINE MERCY SUNDAY</b>	<b>Bernard Joyce</b>
<b>SUNDAY</b>	<b>19<sup>TH</sup> APRIL</b>		

**PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:**

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them and all who are in self isolation during the coming week and that they may receive every grace and blessing. To all our parishioners who are indisposed you are sorely missed..

Let us not forget to pray for all those who have died and for their families, as well as a prayer of thanks to those working in our hospitals and care homes. Risen Jesus, Hear Our Prayers.

**CANDLES FOR SICK & HOUSEBOUND** Each week votive candles are lit by you, they last approximately 2hrs. You will have an opportunity to buy a 7 day candle which will be left either at the Sacred Heart and Our Lady's Altar for the duration of a week. The charge will be £5. A second candle will be lit for the sick and housebound. Each week a named member of the Parish will be remembered by the lighting of a candle.

Candles for specific people will continue to be lit each week. **This week's candle will be lit for Brigid Johnson**

**FORTHCOMING WEDDINGS, BAPTISMS, MEETINGS AND CLASSES** At the moment all have been suspended until further notice.

**GOING INTO HOSPITAL?** Please let your parish priest know as he will be pleased to celebrate the Sacrament of the Sick and/or any pastoral support you need, as the team of priests who currently provide 24/7 cover are under a great deal of pressure and therefore no guarantee that a priest will always be available at any particular time. If you know any Catholic already in Hospital who needs a visit or sacramental support please leave details with the Cardiff & Vale Hospital Chaplaincy 029 20743230

**WHAT'S NEW ON THE WEBSITE:** The readings for the day will hopefully be posted each day. Happy Easter Sunday. In the coming week find out about Divine Mercy Sunday and what happened on the Road to Emmaus.

**ON-LINE MASS:** There are many sites which stream Catholic Masses. Links are on the Website Eg.

<http://www.catholictv.org/masses/catholictv-mass> Daily Mass ( On Demand)

<https://www.mcnmedia.tv/camera/st-mary-of-the-angels> Daily Mass

Holy Mass can also be watched on television on Channel EWTN

## MESSAGE FROM CANON MIKE

Lent this year became a reality to many. The idea of going into the wilderness for 40 days became real. People have been isolated for many weeks. They have stopped going into the town and villages and remained at home. This became an opportunity to understand the meaning of Lent: a time of change, of re-ordering our lives to become more like Christ.

Since being 'locked down' this has been quite a positive time. It's given me space to be honest with myself, to allow me to redirect my life for I know I have faults and failings.

Cast your mind back to Ash Wednesday and listen once again to the words used. " Turn away from sin and be faithful to the Gospel"

That's what Lent is about : putting the car into reverse, coming back to Christ and His Church.

After Coronavirus has been defeated and life returns to 'normal' to the old ways of selfishness, greed, uncaring, inconsiderate society, that means we've not changed at all, but if we have "Turned away from sin" then we become a more considerate, self-giving, respectful society.

The journey from the Old to the New, Death to Life, Good Friday to Easter.

We are faced each day with choices: selfish or selfless. Make the society in which we live a better society.

Jesus showed us how to live as a simple, humble, and serving family. Have you noticed how people's attitudes have changed since the virus has haunted and hunted us down? We have come to realise there are people who live as selfless individuals, willing to go that extra mile for their neighbour, working hard and long hours and usually for little money. The unsung heroes of our time: van drivers, shelf stackers, cleaners, porters, and kitchen workers in our hospitals, the people who grow and harvest our food, teachers, nurses and doctors, ambulance drivers, pharmacists, care workers, and bus drivers..... the list is unending. These are the people to whom we must say 'Thank You' as well as our own families and neighbours with a simple smile and a kindly word.

It is a time of Resurrection, of renewal of New life, a New Beginning.

The darkness of Good Friday, the time of fear and uncertainty, this road must be taken. The walk to the Cross with our old self. We must die in order to Rise. Walk with the Risen Lord out of darkness into light.

We are an Easter People and Alleluia is our song.

So why look among the dead, He's not there. He's alive, He's Risen. He's in the New You and the New Community of Believers.

Again, I'll celebrate Mass on Easter Morning at 10.00am.

The Easter Candle will burn in the Church. The Light of the Risen Lord.

So why not place a candle on the kitchen table, your Easter Candle.

The Light of the Lord has come into your home.

This is the Day that the Lord rose from the Dead. Alleluia !

May the Blessings of Easter be with you all.

Michael, your friend and priest.



## “Prayer for Protection”

The Light of God surrounds me.  
The Love of God enfolds me.  
The Power of God protects me.  
The Presence of God watches over me.  
The Mind of God guides me.  
The Life of God flows through me.  
The Laws of God direct me.  
The Power of God abides within me.  
The Joy of God uplifts me.  
The Strength of God renews me.  
The Beauty of God inspires me.  
Wherever I am, God is!

\*This prayer was written by James Freeman  
for all soldiers during World War II.  
It is as powerful today as it was then.

## Act of Spiritual Communion

The Church encourages frequent, even daily, Holy Communion, but if at any time we cannot go to Mass we can still unite ourselves to the Eucharist through making a spiritual Communion. By making an Act of Spiritual Communion, we express our faith in Christ's Real Presence in the Eucharist and ask him to unite himself with us. Here is the Act of Spiritual Communion written by St. Alphonsus de Liguori:

My Jesus,  
I believe that You  
are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment  
receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and  
unite myself wholly to You.  
Never permit me to be separated from You  
Amen.

## LIFE'S LIKE THAT!

A man lived alone in the countryside with only his dog for company. One day the dog died and the man went to his parish priest and said. “ Father, my dear dog is dead. Could you possibly say a Mass for the poor creature?” The priest replied “ I'm afraid not. We cannot have a Church service for an animal. But there is a new denomination down the lane, and there's no telling what they believe. Maybe they'll do something for your dog.” “ Thank you, Father” said the man. “ I'll go right away. Do you think five thousand pounds is enough to donate for the service?” The priest exclaimed “ Sweet Mary, Mother of God ! Why didn't you tell me the dog was Catholic?”

Having left the area some years ago, a teenage girl went to confession in the church she had attended as a child. The priest recognised her and asked her what she had been doing with her life.

“ I'm an acrobatic dancer, father “ she replied. “ “ And what does that entail?” “ I can show you if you like Father” “ Please do.”

With that the girl performed an impressive series of cartwheels, somersaults, handstands and backflips across the church. Waiting their turn near the confessional were two middle -aged women. One said to the other “ Will you just look at the penance Father O'Reilly is giving out tonight, and me with no bloomers on !”

“Doctor, doctor, will I be able to play the violin after the operation ?” “Yes of course “

“ Great, I never could before!”

“Doctor, doctor, I snore so loudly I keep myself awake”.

“ Hmm. Have you tried sleeping in another room ?”

“Doctor, doctor, can you cure my sleepwalking? “

“Try these.” “ Are they sleeping pills?”

“ No they're tintacks. Sprinkle them on the floor.”

