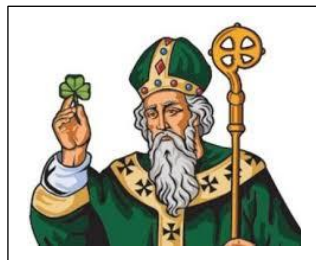


**FIFTH SUNDAY OF LENT**

**Reading Cycle B**  
**Page 169 in the Mass Book**

**Psalter Week 1**  
**Sunday 17<sup>TH</sup> MARCH 2024**

**Chaplain: Rev. Peter Davies**  
[peter.davies4@wales.nhs.uk](mailto:peter.davies4@wales.nhs.uk)  
 Safeguarding Rep: C German



**ST PATRICK'S GRANGETOWN**  
**CARDIFF CF11 7 LJ**  
 Tel No: 20253514

**Parish Priest: Fr Valentine Mobuogwu**  
**Fr Malachy Orjibele Fr Soloman Ugwummadu**  
 Please leave your phone number and e-mail address

[grangetown@rcadc.org](mailto:grangetown@rcadc.org)

Website [www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)

Facebook Page:

**Friends of St Patrick's Grangetown -**  
[www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)

**MASSES AND SERVICES FOR THE WEEK**

SAT	16 <sup>TH</sup> MARCH	FIFTH SUNDAY OF LENT	6.30pm	Bernard Barret R.I.P
SUN	17 <sup>TH</sup> MARCH		10.00 am	Lu Mooney R.I.P Filomena Dimonaco R.I.P
MON	18 <sup>TH</sup> MARCH			
TUES	19 <sup>TH</sup> MARCH	SOLEMNITY OF THE FEAST OF ST JOSEPH	6.30pm	Priests, Religious and Seminarians
WED	20 <sup>TH</sup> MARCH	Weekday in the Fifth Week of Lent	6.30pm	Special Intention
THURS	21 <sup>ST</sup> MARCH	REQUIEM MASS	11.30am	BERNARD BARRETT
FRI	22 <sup>ND</sup> MARCH	Weekday in the Fifth Week of Lent	10.00am	Maria Conceicao Camacho R.I.P
		STATIONS OF THE CROSS AND BENEDICTION	3.00pm	
SAT	23 <sup>RD</sup> MARCH	PALM SUNDAY OF THE PASSION OF OUR LORD	6.30pm	Shirley, Terry and Baby Cheryl Burnett R.I.P
SUN	24 <sup>TH</sup> MARCH		10.00am	Deceased members of the Sexton and Cowley Families

**PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:**

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them during the coming week. To all our parishioners who are indisposed we ask that they may receive every grace and blessing.

We also pray for Kathleen (Popsy) Roberts, Christina Sullivan, Robert Stevens, Margaret Dunscombe, Rosa May Harrison, Sheila Lovell, Daniel Feehan, Timothy Regan, Charles Bulpin, Bernard Moorcraft, Margaret Murray, Terence Dorgan, Margaret Cotter, Sheila Roberts, Helen Curthoys, Audrey McKendrick, Helen Condon, Terry Burnett, Kathleen Rawlings, Filomena Dimonaco, Julia Williams, Josephine Chadwick, Gillian Roberts, Philys Formosa, Geoffrey Summers and all those whose anniversaries occur at this time. Please pray for the repose of the souls of Bernard Barrett and Denis Dowell who passed away recently. May they rest in peace. Do not forget to pray for all those who have died and for their families, particularly those who have no-one to remember them.

**CANDLES** You can buy a 7 day candle (£5.00) which will be left at the Sacred Heart or Our Lady's Altar for the duration of a week. **This week's candles will be lit for Ellen and Daniel Feehan, Jeffrey and Family and Emily Llewelyn**

**SACRAMENT OF RECONCILIATION:** Last week a group of our young people received this Sacrament for the first time. Let us remember all our young people in our prayers as they move on to the next stage of their spiritual journey. On Friday it was a chance for anyone else to be granted the graces that this Sacrament can give. It was a shame that more people did not take up this opportunity. Our priests make themselves available before or after any Mass or you can arrange a different time if you chose. Easter is the most important time in the Church year. Receiving Grace from the Lord in the Sacrament of Reconciliation is a good preparation for when we welcome Him, the Risen Lord into our lives at Easter.

**PALM SUNDAY:** Next Sunday we will have the Palm Sunday procession which will begin in the Church garden. (Weather permitting) Collect your palms as you enter Church and then return to the garden for the beginning of Mass. The Palms will be blessed on this day.

**OPEN LISTENING SESSIONS:** (Union of the Archdiocese of Cardiff and Diocese of Menevia). It is important that we get as many views as possible. The next session in the **Archdiocese of Cardiff** will take place on **15<sup>th</sup> May in the Cornerstone, Charles St Cardiff. at 5.00pm**

**OUR CAFÉ:** All are welcome to our vastly illuminated café. There is a St Patrick's Day Raffle, so don't forget to buy your tickets and keep them safe. **Raffle tickets are on sale in the café on Sunday and after the 6.30pm Mass on Sat (see Chris)**

**GIFT AID ENVELOPES:** **If you use envelopes please collect your new box. These start after Easter.**

**MASS INTENTIONS** At the back of the Church there are envelopes for you to put your donation and the details of when you would like a Mass and for whom. Please put your envelope in the Offertory Bag or the Brown Box at the back of the Church.

**NEW TO THE PARISH?** If you have been coming to St Patricks for some weeks and would like to be listed as a new Parishioner please complete the proforma at the back of the Church and give it to one of the priests.

**CONFIRMATION:** Names are being taken for Preparation Classes for the Sacrament of Confirmation (Year 8 and above). Please give your name to Mary Taylor or Chris.

**SAFEGUARDING:** Please click on the link for Helplines and Information on the Parish Website Homepage

**GOING INTO HOSPITAL?** Please let the Hospital know that you are a Catholic and would like a visit from the Chaplain. If you are a relative and would like the Catholic Hospital Chaplain to make a visit please leave the name of the person you want them to see and the Ward details if possible. When you ring the Chaplaincy 02921 843230 (new number) please leave your contact details so that they can contact you.

**PIETY STALL:** New Stock in! Easter, Mothering Sunday and St Patrick's Day. Lots to look at. **Please take care if you wish to look in the glass cases. There is a step!**

**ONLINE DONATIONS:** On the Home page of the Website is a link to enable you to donate directly to St Patrick's. Many of us are not using cash as much as we once were and if this is helpful please try it. Gift Aid can be automatically added with no cost to you.

**GIFT AID** If you pay Income Tax, St Patrick's can collect Gift Aid with no cost to you at all. This is an extra 25p for every £1 you give. All you have to do is sign a consent form. Please consider this. New envelopes are available this week.

**QR CODE:** Many of you will have seen the poster displaying the QR Code for the Parish. This is another way you can donate to the Parish. You will need a QR Code reader on your Phone.

**HOUSEBOUND COMMUNIONS:** If you know of a parishioner wishing to receive Holy Communion or if you need help please contact Frs Valentine, Solomon or Malachy.

**CHURCH COLLECTIONS:** 9<sup>th</sup> / 10<sup>th</sup> March £625.61

**PARISH WEBSITE** Each day there is something new to read.

### **WEEKLY MESSAGE**

This Sunday, though it is the 17<sup>th</sup> March and would, in the normal course of events be the Feast of St Patrick, is the Fifth Sunday in Lent, which takes precedence. However, we can remember St Patrick in our prayers and we will be celebrating our own Patron Saint at a later date when it can be given full Solemnity.

Many of you will have noticed that Spring bulbs have begun to make an appearance and our grass has been cut in readiness for Palm Sunday, which is next weekend. Things are beginning to happen. Winter is on the way out and the seeds which have lain in the ground for many months are beginning to sprout.

When a seed is buried in the ground, it goes through a process like death and then transforms. Did you know that from one seed of wheat, more than twenty kernels of wheat can appear; a huge crop! Seeds often need different conditions so that they can reach their full potential. Some need to be sown in the winter months so that from deep down in the earth they can experience very cold temperatures and some need to be sown in warm, rich soil. Seeds need to be sown together all in their proper time. Once sown and cared for properly, seeds will provide a rich harvest.

Jesus teaches us that people, like seeds, need proper care. We are intended to spend life with other people, and share what we have. If we let go of our selfishness and greed, if we instead plant seeds of love, kindness, and joy, we will create a world that will grow in the love of Christ. As followers of Jesus, we must be willing to be with other people and develop our relationships in a true and meaningful way so that we can offer love and hope to the world. Jesus' analogy of the grain of wheat dying to produce abundant fruit serves as a powerful reminder that our own sacrifices and trials can lead to spiritual growth and eternal life, echoing the hope and victory of the Paschal Mystery. Lent can seem a dark and cold time; a time which is full of stillness, reflection and repentance. But as the weeks go on, the time for us to be joyful awaits us. The Lord's radiance is calling us out of the darkness and into His glorious light, where we can blossom and bloom, a hundred fold. The seeds of love and kindness planted by God in our hearts are waiting to burst forth and to be shared with others. But our seeds need to be nurtured and if we have turned away and forgotten about them, now is the time to turn back and ask the Lord to teach us how to encourage them so that everyone can experience the Love and Joy that only the Lord can bring.

*Unless a grain of wheat falls to the ground and dies, it remains only one seed. But if it dies, it produces many seeds*

God of all seasons,  
we give You thanks for the turning of the world,  
that all things become new.  
We see the signs of Spring: the birds returning,  
the buds forming, the days are growing longer.  
We know that while terrible things are happening in our world  
You are still making everything new.  
The trees are older than our conflicts,  
the migratory patterns are older than our roads.  
You continue to turn us again and again to something new.  
We give you thanks for the seasons in our lives,  
that the struggle and suffering  
that we see now will not last forever.  
The seasons will turn, but Your Love for us  
is the one constant in this universe.  
May we cling to your Love  
and nurture the seeds of Love and Kindness  
that you have sown in our hearts.

### **Happy St Patrick's Day**

Christ be beside me, Christ be before me,  
Christ be behind me, king of my heart.  
Christ be within me, Christ be below me,  
Christ be above me, never to part.

Christ on my right hand, Christ on my left hand,  
Christ all around me, shield in the strife.  
Christ in my sleeping, Christ in my sitting,  
Christ in my rising, light of my heart.

Christ be in all hearts thinking about me,  
Christ be on all tongues telling of me,  
Christ be the vision in eyes that see me,  
in ears that hear me Christ ever be.

