

**SOLEMNITY OF THE ASSUMPTION OF  
THE BLESSED VIRGIN MARY**

**Reading Cycle A**  
**Page 176 in the New Green Mass Book**  
**Psalter Week 4**  
**Sunday 16<sup>TH</sup> AUGUST 2026**  
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**MASSES AND SERVICES FOR THE WEEK**

|       |                      |                                                           |         |                                         |
|-------|----------------------|-----------------------------------------------------------|---------|-----------------------------------------|
| SAT   | 15 <sup>TH</sup> AUG | SOLEMNITY OF THE ASSUMPTION OF THE<br>BLESSED VIRGIN MARY | 6.00pm  | Sheila and Martyn R.I.P                 |
| SUN   | 16 <sup>TH</sup> AUG |                                                           | 10.00am | George and Margaret Stevens<br>R.I.P    |
| MON   | 17 <sup>TH</sup> AUG | Weekday in Ordinary Time                                  | 10.00am | Joseph and Dana Brent R.I.P             |
| TUES  | 18 <sup>TH</sup> AUG | Weekday in Ordinary Time                                  | 10.00am | Well Being of Giacomo                   |
| WED   | 19 <sup>TH</sup> AUG | Weekday in Ordinary Time                                  | 10.00am | Margaret Roche R.I.P                    |
| THURS | 20 <sup>TH</sup> AUG | FUNERAL SERVICE                                           | 10.15am | PAULA JUNE VELLA                        |
| FRI   | 21 <sup>ST</sup> AUG | MEMORIAL OF ST PIUS X, POPE                               | 10.00am | Well Being of Judite                    |
| SAT   | 22 <sup>ND</sup> AUG | 21 <sup>ST</sup> SUNDAY IN ORDINARY TIME                  | 6.00pm  | Johanna Newell and Charles Fry<br>R.I.P |
| SUN   | 23 <sup>RD</sup> AUG |                                                           | 10.00am | O'Halloran Family R.I.P                 |

**PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:**

Let us pray for the repose of the souls of **Eddie Johnson and Paula June Vella** . May they rest in eternal peace.

This week we also pray for John Cabey (1982), Ellen Cashman (1984), Cornelius Church (1986), Gertrude Beddoes (1990), Gordon Williams (1991), John Bulpin (1992), Daniel Barry (1993), Fr Michael Patrick Murphy (1995), Ronald George (1997), Austin O'Reilly (1999), Olive Harten, Julia Sjostrand (2000), Luigi Cardinale (2004), Stanley Brown (2006), Nora Kirby, Ellen Psaila (2013), Deacon Noel Williams (2014), Kerry Ackland (2017), Nigel Barnes , Daniel Littlejohn (2021),

**CANDLES** You can buy a 7 day candle (£5.00) which will be left at the Sacred Heart or Our Lady's Altar for the duration of a week.

**This week candles will be lit for Eddie Johnson and a Special Intention**

**PIETY STALL:** New stock in. Lots of lovely things New Displays Come and Look .

**SVP CAMINO PILGRIMAGE :** The figures are just in. Altogether the SVP National raised nearly £129,000 for their funds, a small portion of which will benefit our own Conference in St Patrick's. Grateful thanks to all those who supported Chris Hinds on her 76 mile walk to Santiago de Compostela and for helping our Conference to benefit.

**PILGRIMAGE TO ROME/ASSISI/CASCIA** 18<sup>TH</sup> – 23<sup>RD</sup> April 2027

**PILGRIMAGE TO FATIMA/LISBON/ SANTAREM/ NAZARE/ BATALHA** – 20<sup>th</sup> -25<sup>th</sup> September 2027.

Anyone interested in either Pilgrimage please contact St Helen's Parish office at [barry@rcadc.org](mailto:barry@rcadc.org) or [barry@cardiffmemevia.org](mailto:barry@cardiffmemevia.org) to give your name and contact details.

**TEA/COFFEE AND CAKES AFTER THE 10.00AM MASS.** Every one is welcome and when the sun is shining what better way to share some time with each other.

**SACRAMENT OF RECONCILIATION** . Anyone who would like to receive this Sacrament please see Canon Mike after any of the Masses. There are guidance leaflets at the back of the Church.

**"THE CHOSEN"** is a groundbreaking, multi-season historical drama series about the life and ministry of Jesus of Nazareth, seen through the eyes of those who met him. Download the link <https://watch.thechosen.tv/> and start at series 1. Well worth watching.

**SUNDAY SERMON FROM BISHOP ROBERT BARRON:** See the link on the Parish website

**DONATING TO THE PARISH ONLINE:** Please see the link on the Home Page on the Parish website

**PARISH WEBSITE:** This is updated every day. There is the reading for the day, and a reflection, the latest newsletter, times of Masses. There is also a link to the online stream. Find out more, [www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)

**MASS INTENTIONS** At the back of the Church there are envelopes for you to put your donation and the details of when you would like a Mass and for whom. Please indicate if the person is deceased.

**SAFEGUARDING:** Helplines on the Parish Website and on the Parish Noticeboard First Aid Box is in the Sacristy.

**GOING INTO HOSPITAL?** Let the Hospital know that you are a Catholic and would like a visit from the Chaplain. If you are a relative and would like the Catholic Hospital Chaplain to make a visit please leave the name of the person you want them to see and Ward details if possible. Chaplaincy 02921 843230 Please leave your contact details so that they can contact you.

**HOUSEBOUND COMMUNIONS:** If you know of a parishioner wishing to receive Holy Communion contact Canon Mike.

**CHURCH COLLECTIONS:** £772 31

### **WEEKLY MESSAGE FROM CANON MIKE**

It's that time of year when the 'Wife and Kids' become restless; it's Holiday Time, but yet again we are unable to visit the Time Share in St Tropez.

Sadly for the past four years for various reasons I have been unable to sally forth to Ireland, a place very dear to my heart. But I can always remember the visits I made, particularly with my Mother and Father. We would pack the car and head to Fishguard, then down to West Cork and the West of Ireland. But time passes and neither of my parents are now here to enjoy the delights of Guinness or Jameson. As I look back I must thank my parents for the love and care they showed me and my sister. When my Father was at work my Mother cared for her aged mother and sick brother. They gave me a Home, not a House to live in.

Many times I asked how I could repay them for their kindness and patience. In a small way taking them on holiday was saying 'Thank you'. They looked after me, so it was my turn to care and look after them.

This weekend the Church celebrates the Feast of the Assumption. The Angel was sent to Mary and told her she was the chosen one. *"Hail Mary Full of Grace, You have won God's Favour ....."* She gave birth, cared and nurtured the child, saw Him grow and she became the First and Most loyal of the Disciples, so how could He repay His Mother for her love? You have heard me say many times that I'm no theologian or intellectual, but like Mary, chosen by God, a fellow pilgrim, like you.

What the Church celebrates today is Jesus thanking His Mother not with a trip to Ireland but a journey which took her straight to Heaven. She is the forerunner of us all. Where she has gone, we hope to follow. She bore Jesus in love and through love, so now His love for her is shown at the Assumption.

My Mother rests in a cemetery at Neath, but Mary, Mother of Jesus rests in the Eternal Kingdom of Heaven. Jesus would not allow corruption to affect His beloved Mother, thus, today's feast. Great thinkers and theologians have tried to interpret this Feast of Mary, but this 'Humble Parish Priest' of St Patricks would ask that if your mother is still alive, find some way of thanking her for the life and love she has given you, and if she has died, pray for her and ask that Mary hold her close to her breast.



### Hail Holy Queen

Hail, Holy Queen,  
Mother of Mercy,  
our life, our sweetness and our  
hope. To you do we cry,  
poor banished children of Eve.  
To you do we send up our sighs,  
mourning and weeping in this  
valley of tears  
Turn then, most gracious  
advocate,  
your eyes of mercy toward us,  
and after this exile  
show unto us the blessed fruit of  
thy womb,  
Jesus.  
O clement, O loving,  
O sweet Virgin Mary.