

4th SUNDAY OF LENT
 Reading Cycle A
 Psalter Week 4
 Sunday 22nd MARCH 2020
 Chaplains: Llandough-Rev. Peter Davies
 peter.davies4@wales.nhs.uk
 Heath-Rev. David Pritchard
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Parish Priest:
 Canon Michael Patrick Evans
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 Confessions Saturday at 6pm
 Before evening Mass & by request
www.stpatrickscardiff.co.uk
 Safeguarding Rep: C German

ALL MASSES WILL BE CELEBRATED PRIVATELY

SATURDAY	21 st MARCH	4 th SUNDAY OF LENT – LAETARE SUNDAY 'MOTHERING SUNDAY'	Tom and Bernard
SUNDAY	22 nd MARCH		Mothers of the Parish

MONDAY	23 rd MARCH	Weekday 4th Week of Lent	Canon Reidy
TUESDAY	24 th MARCH	Weekday 4th Week of Lent	People of the Parish
WEDNESDAY	25 th MARCH	ANNUNCIATION OF THE LORD (Solemnity)	Laurence O'Brien
THURSDAY	26 th MARCH	Weekday 4th Week of Lent	Francis Murphy
FRIDAY	27 th MARCH	Weekday 4th Week of Lent	Archbishop John Ward James Weston

SATURDAY	28 th MARCH	5 th SUNDAY OF LENT	People of the Parish
SUNDAY	29 th MARCH		Lu Mooney Spiro Tanti Anniversary)

PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them during the coming week and that they may receive every grace and blessing. To all our parishioners who are indisposed you are sorely missed.. We pray for the Repose of the Souls of Archbishop Emeritus Peter Smith, Colin Greenslade, and Joan Cowley who have died recently. May they Rest in Eternal Peace. +
 We also pray for Nora Bettridge whose anniversary occurs at this time.

**JOAN COWLEY New Funeral Arrangements -- Private Family Funeral Service at the Graveside.
 A Memorial Mass will be celebrated for Joan at a later date.**

MESSAGE FROM CANON MIKE

“ It was the best of times, it was the worst of times....” These are the opening lines from Charles Dickens “ Tale of Two Cities”

When History comes to be written of the time when Humanity experienced the Coronavirus, stories will abound both of the kindness and the selfishness of our brothers and sisters. There are some, wanting to go the ‘extra mile’ while others empty the supermarkets of all foodstuffs, stockpiling at the expense of others and at the same time hurling abuse at the girl at the checkout.

How do we love a God we cannot see? By loving the Man or Woman we can see. Loving our Neighbour in the everyday situations of life. I cannot solve this epidemic ravaging our world, but I can try to stop the loneliness, the isolation of others.

Those in isolation, the old, the sick, the forgotten. So, if you know of anyone, just enquire about their state of health, if they require some milk or bread,..... a friendly smile goes a long way.

For those who are alone, you must remember you’ve not been forgotten. You are a member of the Body of Christ, the Church, and you are prayed for.

If you need to chat or need that pint of milk and have no-one to bring it to your door, why not phone me. I have a car and I am able to bring it to your front door. Sadly I’m unable to come in, but contact will be made.

May I, as your friend and Priest assure you I’ll not abandon you as you are my family and I have a duty of care and responsibility to the People of St Patrick’s and the wider Community of Grangetown.

CANDLES FOR SICK & HOUSEBOUND Each week votive candles are lit by you, they last approximately 2hrs. You will have an opportunity to buy a 7 day candle which will be left either at the Sacred Heart and Our Lady’s Altar for the duration of a week. The charge will be £5. A second candle will be lit for the sick and housebound. Each week a named member of the Parish will be remembered by the lighting of a candle.

This week’s candle will be lit for Terry Monks.

Candles for specific people will continue to be lit each week.

FORTHCOMING WEDDINGS, BAPTISMS, MEETINGS AND CLASSES At the moment all have been suspended until further notice.

GOING INTO HOSPITAL? Please let your parish priest know as he will be pleased to celebrate the Sacrament of the Sick and/or any pastoral support you need, as the team of priests who currently provide 24/7 cover are under a great deal of pressure and therefore no guarantee that a priest will always be available at any particular time. If you know any Catholic already in Hospital who needs a visit or sacramental support please leave details with the Cardiff & Vale Hospital Chaplaincy 029 20743230

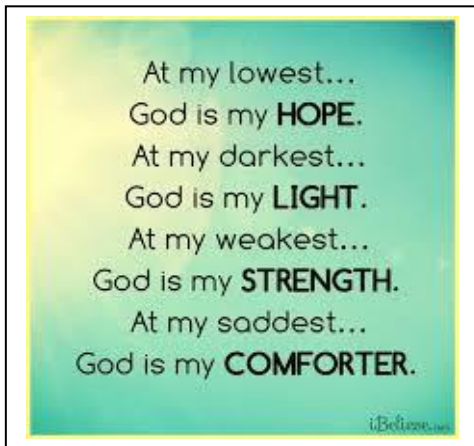
PASTORAL LETTER FROM THE ARCHBISHOP: Please see next page.

WAY OF THE CROSS: Our usual service for the Way of the Cross has been suspended. However, there are many on-line sites which would enable you to accompany Jesus on his Journey to the Cross.
Eg [https://archive.org/details/The Stations of the Cross](https://archive.org/details/The_Stations_of_the_Cross)

ON-LINE MASS: There are many sites which stream Catholic Masses. Eg
<http://www.catholicv.org/masses/catholicv-mass> Daily Mass

<https://www.mcnmedia.tv/camera/st-mary-of-the-angels> Sunday Mass

LIFE'S LIKE THAT !



A CORONAVIRUS PRAYER

Jesus Christ, you travelled through towns and villages "curing every disease and illness." At your command, the sick were made well. Come to our aid now, in the midst of the global spread of the coronavirus, that we may experience your healing love. Heal those who are sick with the virus. May they regain their strength and health through quality medical care.

Heal us from our fear, which prevents nations from working together and neighbours from helping one another.

Heal us from our pride, which can make us claim invulnerability to a disease that knows no borders.

Jesus Christ, you travelled through towns and villages "curing every disease and illness." Come to our aid now, that we may experience your healing love.

Jesus Christ, healer of all, stay by our side in this time of uncertainty and sorrow.

Be with those who have died from the virus. May they be at rest with you in your eternal peace.

Be with families of those who are sick or have died. As they worry and grieve, defend them from illness and despair. May they know your peace.

Be with the doctors, nurses, researchers and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. May they know your protection and peace.

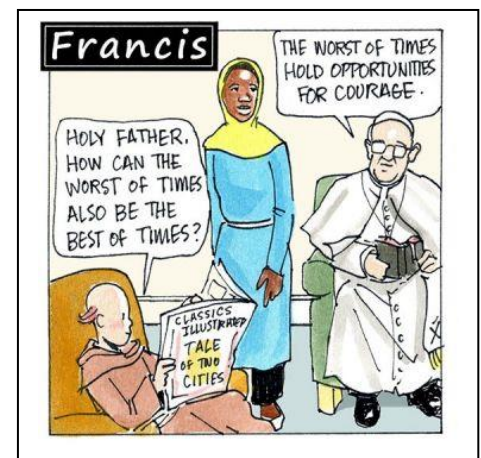
Be with the leaders of all nations. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks.

May they know your peace, as they work together to achieve it on earth.

Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, Jesus Christ, stay with us as we endure and mourn, persist and prepare.

In place of our anxiety, give us your peace.

Jesus Christ, heal us.





PASTORAL LETTER FROM ARCHBISHOP GEORGE STACK
19 March 2020 - The Feast of St. Joseph

Dear Brothers and Sisters in Jesus Christ,

We are living in strange and worrying times. Who would have thought that, following the natural disasters of recent months, we would now be facing the dangerous realities surrounding the coronavirus pandemic? Yet this is the new reality with which we have to live. We have to adjust our everyday patterns and lifestyle to these very challenging circumstances. I want to write personally to each person in the Archdiocese of Cardiff as we face these difficulties together, and in support of others in our local community.

Good health is a precious gift. The advance of medical science and the development of our National Health Service over the years have ensured that the quality of our lives has rightly improved. "Life is precious. Handle with Prayer" read a Wayside Pulpit some years ago. These words seem particularly relevant during the health crisis we now face. I have attached two prayers which you may find helpful to use personally whether self-isolating or trying to go about the daily business of life.

Prayer and good works are the hallmark of the follower of Jesus Christ. We do pray for all those who have been infected by the virus, especially those with underlying health conditions which make them even more prone to serious illness. As good citizens, it is essential that we heed government and medical advice, whether it be self-isolating or not gathering in big numbers in addition to undertaking the basic hygiene instructions. Working from home where possible, avoiding non-essential travel, limiting social outings. All of these measures have their place in helping to avoid infection as well as the danger of cross contamination. They may also contribute to our Lenten discipline. The 8.8 million people in this country over the age of 70 must obviously have our special care as we are particularly vulnerable in this pandemic. A significant proportion of our clergy also fit into this category. In the Church, we have a good network of outreach to the elderly, sick and housebound. At this time, the good neighbour will ensure that those living alone should be contacted and reassured that help is near at hand, should it be needed.

Bearing in mind what I have written, you will know that the Bishops of England and Wales have implemented the decision to suspend the public celebration of Mass in our churches on Sundays and Holy Days. This decision includes a dispensation from the obligation to attend Mass because of the danger of these times. This cessation includes weekday Mass as well, although the priest may celebrate Mass privately without a congregation. Our churches will remain open wherever possible in order that people may use them for private prayer and devotions. The essence of these measures is that people must not gather in groups with all the dangers of cross infection this entails.

This decision has not been taken lightly, recognising that the Mass is the hallmark of Catholic faith and practice. A number of churches have the capacity to 'live stream' the celebration of Mass in the absence of a congregation. It would be good to view these transmissions and join in the prayers with missals, the scriptures and other worship aids. Failing that, traditional Catholic practices such as the Prayer of the Church, Lectio Divina, the Rosary, Stations of the Cross and the desire to make a spiritual communion. These actions will join us together as members of the Mystical Body of Christ. We may be physically more separated at this time, but we remain united through faith and baptism in bonds which cannot be broken. No one is forgotten in the prayers of the Church.

I want to assure the priests and people of the Diocese of my prayers for you and your loved ones, and for your parish community. I am grateful to those who have worked hard to provide information and help not least through the Archdiocese website, social media and "The Catholic People". These days of Lent are a time of testing as we follow our suffering Lord Jesus to Calvary and beyond. The suffering of the cross to which we attach ourselves cannot be avoided in the painful circumstances of our lives. These are not of our choosing. The cross cannot be avoided. It has to be embraced in faith and lived through in order to catch a glimpse of what lies beyond. Although our celebration of this Easter may have to be more muted than in past years, the truth it celebrates will never diminish. "Life and death contended. Combat strangely ended". Our belief is that life will triumph over death. That light will conquer darkness. The words of St. John Paul II are profoundly significant at this time:

"Do not abandon yourselves to despair. We are an Easter People and Alleluia is our song".

With every blessing
+George Stack
Archbishop of Cardiff