



The Ecclesiastical hat, together with the Double Cross, indicate that this is the Coat of Arms of a Metropolitan Archbishop in the Catholic Church.

The shield bears an image of the Pallium, which will be given to Archbishop Mark by Pope Francis in Rome next week. The imposition of the Pallium, from the Apostolic Nuncio, will take place in Cardiff, in the Autumn. The pallium is a sign of the unity between the local and the universal Church, focused on the unity which Archbishop Mark has with the Holy Father. Every Archbishop participates with the Holy Father, in the pastoral ministry of the Good Shepherd.

The shield is in black and golden yellow, the traditional colours of St David.

The ship is an ancient image of the Church; there are two here representing the two local Churches of Cardiff and Menevia. The ship reminds us of the rich maritime history of these Dioceses, as well as that of Plymouth, from which Archbishop Mark has been transferred.

Archbishop Mark's family originally came from Connemara in Galway, Ireland, a place closely identified with the sea.

The lion is the symbol of St Mark. It rests on a shining star, representing Mary, the Morning Star, she who is Our Lady of the Taper, guiding our way in the following of her Son, Jesus Christ.

The motto, In Manus Tuam Domini (Into your hands, Lord), comes from Psalm 31, a prayer of confidence and trust in God.

These were the last words prayed by the Lord from the Cross (Luke 23:46).

They were prayed also by St Stephen (Acts 7:59) before his martyrdom and were often on the lips of those martyred for their faith, including St Cuthbert Mayne, Protomartyr of Douai College.