

**NINETEENTH SUNDAY OF  
ORDINARY TIME**

**Reading Cycle A  
Psalter Week 3**

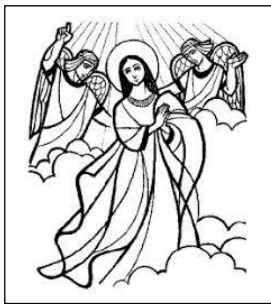
**Sunday 13<sup>th</sup> AUG 2023**

**Chaplain: Rev. Peter Davies**

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**ST PATRICK'S GRANGETOWN  
CARDIFF CF11 7 LJ**

**Tel No: 20253514**

**Parish Priest: Fr Valentine Mobuogwu  
Fr Malachy Orjibele and Fr Soloman Ugwummadu**

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[www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)

Facebook Page:

**Friends of St Patrick's Grangetown -**

[www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)

**MASSES AND SERVICES FOR THE WEEK**

SAT	12 <sup>th</sup> AUG	NINETEENTH SUNDAY OF ORDINARY TIME	6.30pm	Bernard Bradley
SUN	13 <sup>th</sup> AUG		10.00am	Margaret Roche and a Special Intention
MON		NO MASS		
TUES	15 <sup>TH</sup> AUG	FEAST OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY HOLY DAY OF OBLIGATION	6.30pm	Priests of Our Parish
WED	16 <sup>TH</sup> AUG	Weekday in Ordinary Time	6.30pm	Peter Battisto
THURS	17 <sup>TH</sup> AUG	Weekday in Ordinary Time	10.00am	Deceased members of the SVP
FRI		Weekday in Ordinary Time	10.00am	Billy Taylor
SAT	19 <sup>TH</sup> AUG	TWENTIETH SUNDAY OF ORDINARY TIME	6.30pm	Well Being of Jimmy Conway
SUN	20 <sup>TH</sup> AUG		10.00am	William and Elizabeth Prosser

**PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:**

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them during the coming week. To all our parishioners who are indisposed we ask that they may receive every grace and blessing.

We also pray for, Carmello Gallea, William Mackie, Timothy Dwyer, Ernetto Dattero, Kathleen Calnan, Ronald George, Olive Harten, Daniel Barry, Luigi Cardinale, Daniel Littlejohn, Nigel Barnes, Nora Kirby, Ellen Psaila, Julia Sjostrand, Stanley Brown, Fr Noel Williams, Fr Michael Patrick Murphy and all those whose anniversaries occur at this time.

Let us pray for the repose of the souls of Anthony Bulpin and Billy Taylor (Mary and Tommy's Brother) who passed away recently. May they rest in eternal peace.

Do not forget to pray for all those who have died and for their families, particularly those who have no-one to remember them.

**CANDLES** You can buy a 7 day candle (£5.00) which will be left either at the Sacred Heart and Our Lady's Altar for the duration of a week. **This week's candles will be lit for the Mary Desmond and Deceased Members of the Desmond Family, and the Well Being of Jimmy Conway**

If you choose to light a T-Light (20p each) please start from the top row down on the votive stands and light them with care.

**WELCOME:** Parishioners of St Patrick's Parish give a warm welcome to Frs Malachy and Solomon who will join Fr Valentine on Monday. May the Lord be with them and we wish them every grace and blessing as they settle in to both a new Country and to a new Parish.

**WARNING:** Several people have received e-mails purporting to be from 'Fr Valentine' asking for 'help off the record' which means money! **This e-mail is NOT from me.** Do not reply to it. Delete it from your system and under NO circumstances send bank details.

**The Church e-mail is [grangetown@rcadc.org](mailto:grangetown@rcadc.org) Please be careful.**

**WEEKDAY MASSES** Please note that Tues and Wed there will be evening Masses and Thurs and Fri will be in the morning.

Tuesday 6.30pm  
Wednesday 6.30pm  
Thursday 10.00am  
Friday 10.00am

**FREE BIBLES!** We have been given a quantity of Bibles which are FREE. They are on the table at the back of the Church.

**WANTED: ALTAR SERVERS:** We are very keen to increase the numbers of Altar Servers for the Weekend Masses. Fr Valentine will tell you everything you have to do and it's a great opportunity to take a more active role in the Mass. All ages !!!

**NEWSLETTER FROM THE BISHOPS OF ENGLAND AND WALES:** Find out about the New Lectionary from Advent 2024  
Look on the website

**ANNUAL PILGRIMAGE TO THE GRAVE OF ST JOHN KEMBLE:** Sunday 20<sup>th</sup> August. Please see poster at back of Church for more details.

**FOOD AND TOILETRIES APPEAL :** Our School is setting up a Fair-Priced Food Shop. To help them with this we are appealing for tinned or dried goods and toiletries. These can be left on the table at the back of the Church and will be taken to the School each week.

**COFFEE OR TEA ANYONE?** Everyone is welcome in our little café for coffee, tea, cake and a chat after the 10.00am Mass.

**PILGRIMAGE WALK TO PENRHYS** The Archdiocese is organising a guided pilgrimage walk from Cardiff to Penrhys to raise money for the Priest Training Fund on Sat 16 & Sun 17 Sept. Cost includes guides, storytelling evening and lifts back to starting point each day. £40pp for one day/£60pp for two. Visit [www.rcadc.org](http://www.rcadc.org) for further information or contact Cathy Morris on 029 2037 9482 or at [Catherine.morris@rcadc.org](mailto:Catherine.morris@rcadc.org) Places are limited so early booking is strongly advised.

**SACRAMENT OF RECONCILIATION:** As usual for those who wish to avail themselves of the Sacrament of Reconciliation (Confession), may do so at the END of each weekend Mass NOT before Mass.

**SAFEGUARDING:** Please click on the link for Helplines and Information on the Parish Website Homepage

**'LOOKING AT THE BIBLE' GROUP:** This is a very small group, led by Parishioners. We are looking at the Gospel of St Mark and you find out all sorts of interesting things en route: what life was like in those times and how people reacted to Jesus. We meet in the Sacristy at 5.00 pm on a Tuesday. Come through the Garden gate by the side of the Church and through the side Porch. All welcome

**GOING INTO HOSPITAL?** Cardiff & Vale Hospital Chaplaincy 02921 843230 (new number) Please let the Hospital know that you are a Catholic and would like a visit from the Chaplain.

**PIETY STALL:** More New Stock In . A wonderful new selection of Sympathy Cards, Rosaries and Gifts . Our Piety stall is open Before and After but not during Mass. Also there is a variety of cards that are on the table as you come into Church that are free. **Please take care if you wish to look in the glass cases. There is a step !**

**ONLINE DONATIONS:** On the Home page of the Website is a link to enable you to donate directly to St Patrick's. Many of us are not using cash as much as we once were and if this is helpful please try it. Gift Aid can be automatically added with no cost to you.

**GIFT AID** If you pay Income Tax, St Patrick's can collect Gift Aid with no cost to you at all. This is an extra 25p for every £1 you give. All you have to do is sign a consent form. Please consider this.

**HOUSEBOUND COMMUNIONS:** If you know of a parishioner wishing to receive Holy Communion or if you need help please contact Fr Valentine.

**PARISH WEBSITE** Each day there is something new to read.

### **WEEKLY MESSAGE**

Every day when we wake up we are never quite sure what the day will bring. Sometimes the hours stretch endlessly before us and sometimes the day seems to go by in a flash, and when we look back at the day we think, what did we achieve today? There may be good moments, and moments that seem to prelude a disaster of some sort. Most of us begin each day hopefully and there may be days when we feel that we have accomplished much. Sometimes when we have worked hard or had a stressful day we look forward to a bit of peace and quiet..... rest.

In the Gospel we hear how Jesus was exhausted after talking and teaching vast numbers of people, how he was anxious about the fact that they had not eaten for some time and how he fed them with only five loaves and two fish. We hear how he made his disciples get into a boat and after he had dispersed the crowd he went up into the hills by himself to pray... to have some 'quiet time'. The disciples may have thought time on the boat might be relaxing, but how wrong they were. The Sea of Galilee is notorious to this very day for the unexpected squalls and changes of wind that whip up the water and make it very dangerous for small boats. Added to that it was nighttime. The disciples had not anticipated this turn of events and were very scared. The Lord was not with them or so they thought. Their terror was overwhelming them. In fact the Lord was with them, he knew their fear, and he knew what they needed to calm that fear.

How many times have we felt fear and worries which threaten to overwhelm us: when we feel there is no-one there by our side to give us strength to cope. But the Lord is always there. We need to listen to his voice just as the disciples heard him say "Courage it is I. Do not be afraid". The Lord will always be at our side with hand outstretched to steady us on our life's journey. So no matter what each day brings, hold His hand and turn your face to the wind.

