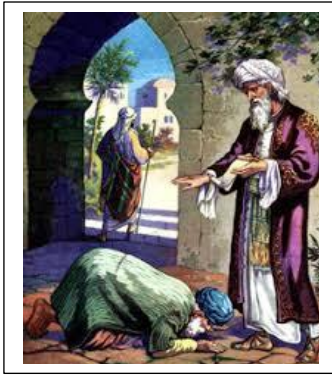


24<sup>th</sup> SUNDAY OF ORDINARY TIME  
 Reading Cycle A  
 Psalter Week 4  
 Sunday 13<sup>th</sup> SEPTEMBER 2020  
 Chaplains:  
 Llandough-Rev. Peter Davies  
 peter.davies4@wales.nhs.uk  
 Heath-Rev. David Pritchard  
 david.pritchard@wales.nhs.uk



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 Safeguarding Rep: C German  
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**PLEASE NOTE: FROM MONDAY IT IS NECESSARY TO WEAR A FACE COVERING WHEN COMING TO MASS  
 AS WELSH GOVERNMENT REGULATIONS HAVE CHANGED**

**MASSES IN THE WEEK**

SATURDAY	12 <sup>th</sup> SEPT	<b>24<sup>TH</sup> SUNDAY OF ORDINARY TIME</b>	6.30pm	Mary Connolly and Margaret Rees
SUNDAY	13 <sup>TH</sup> SEPT		10.00am	Lu Mooney

MONDAY	14 <sup>TH</sup> SEPT	NO MASS		
TUESDAY	15 <sup>TH</sup> SEPT	<b>OUR LADY OF SORROWS (Memorial)</b>	10.00am	Francis O'Sullivan
WEDNESDAY	16 <sup>TH</sup> SEPT	<b>STS CORNELIUS + CYPRIAN (Memorial)</b>	10.00Am	Anthony O'Shea
THURSDAY	17 <sup>TH</sup> SEPT	<b>Weekday in Ordinary Time</b>	10.00am	
FRIDAY	18 <sup>th</sup> SEPT			

SATURDAY	19 <sup>TH</sup> SEPT	<b>25<sup>TH</sup> SUNDAY OF ORDINARY TIME</b>	6.30pm	Mr & Mrs Amor
SUNDAY	20 <sup>TH</sup> SEPT		10.00am	Terry Feehan (Birthday) Maisie

**PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:**

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them and all who are in self isolation during the coming week. To all our parishioners who are indisposed we pray that they may receive every grace and blessing. We pray especially for the Repose of the soul of John (Patsy) Curran who has died recently. May he Rest in Eternal Peace +

We also pray for Denis Healey, Rosa Dimech, Maria Canu and all those whose anniversaries occur at this time. Let us not forget to pray for all those who have died and for their families, as well as a prayer of thanks to those working in our hospitals and care homes.

**CANDLES** You will have an opportunity to buy a 7 day candle which will be left either at the Sacred Heart and Our Lady's Altar for the duration of a week. The charge will be £5. **This week's candles will be lit for the People of the Parish**

**PRAYERS:** It is our duty to pray for each other, for those who are sick and those who care for them. But I also ask your prayers for the Chaplains who sit with those who will die, then with the families and then to stand at the graveside bringing the Peace of Jesus, to these broken families. I remember my good friend at Llandough, Peter Davies RC Chaplain, and Dave Pritchard at the Heath.

**WELCOME BACK TO SCHOOL:** This week many more of our children will be returning to school after a very long absence. Let us remember them all in our prayers and all the staff at the school who have been working tirelessly behind the scenes to keep things ticking over by creating on-line lessons and are now making the school as safe as it can be. We wish you all a Happy Return. We wish all new staff members many happy years as part of the St Pat's team.

**ON-LINE GIVING:** Many Parishes give people the opportunity to donate to their Parish via an on-line link. This has been set up and all monies go directly into the St Patrick's bank account. It is fully secure and you can do it using PayPal if you wish. There is no obligation for you to use this feature but the facility is there if you want it. Just click on the On-line giving logo on the Home Page on our website and follow the instructions.

**MISSIO (RED BOXES)** Thank you to all who have been collecting their small change in the red Missio boxes. Last year (2019) we raised £1977.59. A marvellous effort. If you would like to have one of the boxes please see Gerry McCarthy and if you have one that needs emptying, please bring it along to Mass.

**GOING INTO HOSPITAL?** Please let your parish priest know as he will be pleased to celebrate the Sacrament of the Sick and/or any pastoral support you need, as the team of priests who currently provide 24/7 cover are under a great deal of pressure and therefore no guarantee that a priest will always be available at any particular time. If you know any Catholic already in Hospital who needs a visit or sacramental support please leave details with the Cardiff & Vale Hospital Chaplaincy 029 20743230

**GIFT AID COLLECIONS;** The 'Gift Aid' and non-gift aid envelopes are now available for collection. Please see Pattie or Chris at the weekend Masses to get your box.

**CONTACT:** As I said before, you have my telephone number but I don't have yours. So if you want a chat or are in need of help please phone me and leave a message so I can get back to you.

**WHAT'S NEW ON THE WEBSITE:** The readings for the day will hopefully be posted each day as well as other items of interest. There are links on the website which may help you with your devotion.

**SAFEGUARDING:** Please click on the link for Helplines and Information on the website homepage.

**ON-LINE MASS:** There are many sites which stream Catholic Masses. Links are on the Website Eg.

<http://www.catholictv.org/masses/catholictv-mass> Daily Mass ( On Demand)

<https://www.mcnmedia.tv/camera/st-mary-of-the-angels> Daily Mass

**The obligation to attend Sunday Mass remains suspended.**

### **MESSAGE FROM CANON MIKE**

“ Resentment and anger “ are the first two words in this weekend's First Reading.

Have I had 'resentment and anger' during my time as a Priest? The simple answer is 'Yes'. Never forget I'm a man who happens to be a Priest with all the failings and shortcomings of any man or woman. Believe it or not Michael Patrick is fully human!

What I write tells of incidents in my Priestly life where anger and resentment led me on the road to sin. I've many stories to share but I'll only tell one. I know throughout my life I've made people angry and they carried resentment within their hearts. They found it hard to forgive me for my foolish words or actions.

A number of years ago an incident happened when a man stood up in Church and harangued me, making wild accusations which at the time made me want to go to the back of the Church and thump him... I did not!

Anger entered my heart, then, came many years of resentment. It remained within my life like a cancer eating away.

After a gap of twenty years, I was asked to say Mass at his Parish Church and I started planning what I would say or do when I met him.

***“ He who exacts vengeance will experience the vengeance of the Lord “***

Prior to the visit I sought help from the source of all forgiveness, the Lord Himself.

***“ Forgive Your neighbour the hurt he does you and when you pray you'll find it easy to forgive.....  
Remember the Commandments and do not bear your neighbour ill will.”***

The Lord works in mysterious ways , His ways are not our ways. He knows what I was capable of. He led me not on the Old Road of Sin and Resentment, but on the New Road of Conversion, Hope and Forgiveness.

As I entered the car park who parked his car next to mine? Himself ! It was now that the Lord challenged me as He did with Peter in today's Gospel and the story of the servant unable to forgive.

***“ The life and death of each of us has it's influence on others, so if we live, we live for the Lord.”***

Jesus that day and now still has an influence on me. I live for the Lord and must act with love and forgiveness, not live a life of resentment and darkness.

When “ Himself” saw me and I saw him, I threw my arms around him and what came out of my mouth were not expletives or words of negativity but...

***“ How are you? How's the family? You are looking well.”***

He was expecting a 'fight'. He was totally disarmed , bamboozled. Swords turned into ploughshares.

I forgave that man and many more over the years not out of fear of retribution, but I knew it was the right thing to do. Turning a negative into a positive.

So if there is anyone reading this who feels unable to forgive me or another person, maybe today is the time to ask the Lord for the gift of forgiveness. Be assured I hold no resentment to anyone. I may be angry for a short time but as night follows day my forgiveness is stronger than my anger.

***“ The Lord is Compassion and Love. Slow to anger and rich in mercy.”***

**Just a few reminders.**

Thank you to all who come to Mass and are complying with the rules and regulations that have been put in place to keep you safe. **Please don't forget your Face Covering from Monday 14<sup>th</sup> September.**

**When you have chosen your seat, please do not decide to sit somewhere else because your original place will have to be sanitised before someone else can use it.**

**When it is time for Holy Communion which is at very end of Mass, please wait until the steward invites you to come forward. Even if you are not receiving, please join the line.**

**PLEASE USE TWO LINES TO COME FORWARD AND TRY NOT TO WEAVE FROM ONE SIDE TO ANOTHER.**

After you have received Holy Communion please leave the Church through either of the porch doors. You will not be able to return to your place so please take your bag with you when you go up for Communion. Also if you need to see me for any reason please sit in one of the transept pews so that the exit is unobstructed.

Be careful on the steps as you go through the porch. There is one step into the porch and two more as you step outside.

A steward be there with a bucket for the retiring collection.

Please leave the grounds of the Church and maintain Social Distancing at all times.



**LIFE'S LIKE THAT!**

What's big and yellow and comes in the morning to brighten a mother's day?

The school bus !

**"Holding on to anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned."**

The Buddha

One day the captain of the 40-oared royal barge goes down to speak to the slaves in the hold of his ship. "Men, I have some good news and some bad news. The good news is, the Pharaoh will be joining us today for a trip up the Nile" the men cheered and rattled their chains. " The bad news is, he wants to go water skiing"

There were two men working for the Council. One would dig a hole and the other would come behind him and fill the hole. These two men worked furiously: one digging the hole, the other filling it up again. A man was watching from the pavement and couldn't believe how hard these men were working, but couldn't understand what they were doing. Finally he had to ask them. He said to the hole digger " I appreciate how hard you work, but what are you doing? You dig a hole and your partner comes behind you and fills it up again !" The hole digger replied " Oh yeah, must look funny, but the guy who plants the trees is sick today."