

**FIRST SUNDAY IN LENT**

Reading Cycle C  
Page 153 in the New Mass Book

Psalter Week 1  
Sunday 9TH MARCH 2025

Chaplain: Rev. Peter Davies  
peter.davies4@wales.nhs.uk  
Safeguarding Rep: C German  
e-mail: Cge7618946@aol.com



ST PATRICK'S GRANGETOWN  
CARDIFF CF11 7 LJ  
Tel No: 20253514

Parish Priest: Fr Valentine Mobuogwu  
Fr Malachy Orjibebe Fr Peter Okafor  
Please leave your phone number and e-mail address  
[grangetown@rcadc.org](mailto:grangetown@rcadc.org)

Website [www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)

Facebook Page:  
Friends of St Patrick's Grangetown -  
[www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)

**MASSES AND SERVICES FOR THE WEEK**

SAT	8 <sup>TH</sup> MAR	FIRST SUNDAY IN LENT	6.30pm	Shirley Burnett R.I.P Joan Cowley R.I.P
SUN	9 <sup>TH</sup> MAR		10.00am	Sherryann Gould R.I.P Fr Bill Lloyd R.I.P
MON		NO MASS		
TUES	11 <sup>TH</sup> MAR	Weekday in the First Week of Lent	6.30pm	Tom Roche R.I.P Emma R.I.P
WED	12 <sup>TH</sup> MAR	Weekday in the First Week of Lent	10.00am	Honarina Goncalves R.I.P Tere da Silva R.I.P
THURS	13 <sup>TH</sup> MAR	REQUIEM MASS		
FRI	14 <sup>TH</sup> MAR	Weekday in the First Week of Lent	10.00am	Deceased members of the Feehan Family
		STATIONS OF THE CROSS	3.00pm	.....
SAT	15 <sup>TH</sup> MAR	SECOND SUNDAY IN LENT	6.30pm	Mary Johnson R.I.P Golden Wedding Anniversary Leslie and Gerry Barnett
SUN	16 <sup>TH</sup> MAR		10.00am	Special Intention the Swaffield Family Well Being of Eddie Deane

**PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:**

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them during the coming week. To all our parishioners who are indisposed we ask that they may receive every grace and blessing.

**Please pray for the repose of the souls of Teresa Tanti, Michael Kellaway- Marriot, Eileen Hougardy and Winnie Rein .  
May they rest in peace**

We also pray for, Bernard Flowers, Lawrence Sloman, Bernard Murray, Maureen Decano, Sheila Amor, Stephen Ray, Catherine Rayer, William Hasson, James O'Brien, Mary Johnson, Nancy Mayled, Audrey Prew, Terence Bailey, Ellen Fitzgerald, Ivy Barry, Ann George, Sarah West, Lilian James, Ellen Feehan, Lily Higgins, Anita Walaron, Margaret Owens, Hugh Daver, Constance Matthews, Bernard Glasson, Grace Robinson, Kathleen (Popsy) Roberts, Christina Sullivan, Robert Stevens, Margaret Dunscombe, Rosa May Harrison, Daniel Feehan, and all those whose anniversaries occur at this time.

**CANDLES** You can buy a 7 day candle (£5.00) which will be left at the Sacred Heart or Our Lady's Altar for the duration of a week. **This week's candles will be lit for the Well Being of Eddie Deane, a Special Intention and Winnie Rein**

**If you choose to light T-lights, please make a donation towards their purchase.**

**WELCOME** This week we welcome Fr Peter Okafor who joins our Parish Family from Nigeria. He has come at a good time with the beginning of Spring and hopefully the warmer weather. We hope he will be happy and we look forward to getting to know each other.

**MAY GOD WALK WITH YOU:** Very soon Fr Malachy will load up his car and sally forth to the Parish of Aberystwyth. It is a lovely part of Wales and we hope that the sun will shine on him and the Lord will bless him in his new Parish. We will all miss him.

**WALK WITH ME DAILY LENTEN REFLECTIONS.** Available from the back of the Church and Piety Stall £1.00

**WAY OF THE CROSS:** Way of the Cross (Stations of the Cross) A devotion to the Passion of Christ which recalls a series of events at the end of Jesus' life from his condemnation to his burial. This service which includes Exposition and Benediction will be at 3.00pm every Friday during Lent.

**MISSIO:** For those with red boxes... please collect your magazine from the table in the porch. Your name is on the front.

**FLAME YOUTH EVENT IN WEMBLY :** Calling anyone from Year 9 - University age, Please see the Events Noticeboard at the back of the Church for details.

**BISHOP ROBERT BARRON'S 'THE MASS'** videos well worth watching. Links are on the Parish Website or just Google Robert Barron the Mass. The videos are not long and really easy to listen to.

**PIETY STALL SALE:** New display of items for Mothers' Day, Easter., First Holy Communion and Confirmation .

**CONFIRMATION CANDIDATES:** Please be on time. If there is a problem please contact Chris German on 02920340776 or Cge7618946@aol.com

**OLD SPECTACLES/ GLASSES:** **THE KNIGHTS OF ST COLUMBA** are collecting any old prescription spectacles/glasses ( no cases) to be sent overseas to Third World Countries. There is a box at the back of the Church to put your old items in. Also the Knights are going to be meeting on the fourth Sunday of every month. Please see Patrick McCarthy for more information. This is an all male organisation and they are looking for new members.

**MASS INTENTIONS** At the back of the Church there are envelopes for you to put your donation and the details of when you would like a Mass and for whom. Please indicate if the person is deceased. Please put your envelope in the Offertory Bag or the Brown Box at the back of the Church.

**NEW TO THE PARISH?** If you have been coming to St Patricks for some weeks and would like to be listed as a new Parishioner please complete the proforma at the back of the Church and give it to one of the priests.

**SAFEGUARDING:** Helplines and Information on the Parish Website Homepage. A First Aid Box is kept in the Sacristy.

**GOING INTO HOSPITAL?** Please let the Hospital know that you are a Catholic and would like a visit from the Chaplain. If you are a relative and would like the Catholic Hospital Chaplain to make a visit please leave the name of the person you want them to see and the Ward details if possible. When you ring the Chaplaincy 02921 843230 please leave your contact details so that they can contact you.

**HOUSEBOUND COMMUNIONS:** If you know of a parishioner wishing to receive Holy Communion please contact one of the priests.

**CHURCH COLLECTIONS** 22<sup>nd</sup>/ 23<sup>rd</sup> FEBRUARY £551.89 1<sup>st</sup>/2<sup>nd</sup> MARCH £634.37

### **WEEKLY MESSAGE**

Last Wednesday, we all had the opportunity to receive Ashes and this day heralded the beginning of the Season of Lent. Just as we set aside time to prepare spiritually for Christmas Day, it makes sense to set aside time to prepare for the Resurrection of the Lord at Easter.

Lent is a time that offers us an opportunity to look closely at our lives, how we behave and how much kindness and love we show to God and to others. It is also a time to open the doors of our hearts a little wider and understand Our Lord a little deeper, so that when Good Friday and eventually Easter comes, they are not just days when we come to church but an opportunity to receive the overflowing of Grace that God has to offer.

How often have we heard the question... "What are you giving up for Lent?"

Many people choose to give up chocolate or sweets or deny themselves something they enjoy. But what about giving up saying unkind things, or gossiping, or being bitter, or spending hours upon hours on social media? What about turning it around and instead of saying something unkind, say something nice. Instead of buying a treat for yourself buy something for someone else with no expectation of reward.

Our journey of life is very much like 'snakes and ladders' We have good days when things are going well and there are days when the world seems to be against us. For Jesus, He too had days just like those, but His journey of life ended with the path to His Crucifixion. Around our Church, we can see images of this last journey of the Lord, retold in fourteen stations. A station is a place where you wait for something, a place of expectation, a stopping place. Every Friday at 3.00pm during Lent, in our Church, we will re-tell this last journey of the Lord. We will stop at each image for a short while and we will think about what is happening and its significance for us. It is an opportunity for us in a small way to try to understand what Jesus did for us. It takes only a few minutes from our day, but it is a chance for us to close out our busy world and focus on someone else, someone who made the ultimate sacrifice for us. Please try to join us.

