

THIRD SUNDAY OF LENT

Reading Cycle B

Psalter Week 3

Sunday 7TH MARCH 2021

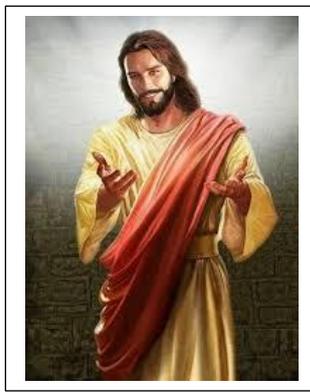
Chaplains:

Llandough-Rev. Peter Davies

peter.davies4@wales.nhs.uk

Heath-Rev. David Pritchard

david.pritchard@wales.nhs.uk



ST PATRICK'S GRANGETOWN

CARDIFF CF11 7 LJ

Tel No: 20253514

Parish Priest:

Canon Michael Patrick Evans

e-mail: michael.evans@rcadc.org

www.stpatrickscardiff.co.uk

Safeguarding Rep: C German

e-mail: Cge7618946@aol.com

COVID 19 AS A SAFETY PRECAUTION THE CHURCH WILL BE CLOSED UNTIL FURTHER NOTICE.
MASSES WILL BE SAID PRIVATELY

SATURDAY SUNDAY	6 TH MARCH 7 TH MARCH	THIRD SUNDAY OF LENT	Joan Cowley
MONDAY	8 TH MARCH	Weekday of Lent	
TUESDAY	9 TH MARCH	Weekday of Lent	Denis and Sheila Amor
WEDNESDAY	10 TH MARCH	ST JOHN OGILVIE (Feast)	Tom Roche
THURSDAY	11 TH MARCH	Weekday of Lent	Norman Light
FRIDAY	12 TH MARCH	Weekday of Lent	
SATURDAY SUNDAY	13 TH MARCH 14 TH MARCH	FOURTH SUNDAY OF LENT (LAETARE SUNDAY) "Mothering Sunday"	All Mothers

PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them and all who are in self isolation during the coming week. To all our parishioners who are indisposed we ask that they may receive every grace and blessing.

We pray especially for the repose of the soul of Norman Light who passed away recently. May he rest in eternal peace+

Please remember Fr Bill Isaac in your prayers that he may be restored to good health.

We also pray for Joan Cowley, Thomas Toolan (Joyce), Michael Kennedy, Andrea Cruise, Margaret Welch, Philip Hawkins, Pasquale Lapore, Stacey Butler, Fr Bill Lloyd, Bernard Flowers, Lawrence Sloman, Bernard Murray, Maureen Decano, Sheila Amor, Stephen Ray, Catherine Rayer, William Hasson, James O'Brien, Mary Johnson, Nancy Mayled, Audrey Prew, Terence Bailey, Ellan Fitzgerald, Ivy Barry, Ann George, Sarah West, Lilian Janes, Shirley Burnett, Ellen Feehan, Lily Higgins, Anita Walaron, Margaret Owens, Hugh Daver, Constance Matthews and all those whose anniversaries occur at this time.

Do not forget to pray for all those who have died and for their families particularly those who have no-one to remember them.

BOOK OF REMEMBRANCE has been opened in St David's Cathedral. for those who have died during the past year as a consequence of Covid 19. If you would like to include anyone in this book please e-mail Fr Daniel Stanton in the Cathedral at cathedral@rcadc.org or contact Chris German on 02920340776 who will forward the names to Fr Daniel. Please see the end of the newsletter for more information.

PRAYERS: It is our duty to pray for each other, for those who are sick and those who care for them. But I also ask your prayers for the Chaplains who sit with those who will die, then with the families and then to stand at the graveside bringing the Peace of Jesus, to these broken families. I remember my good friend at Llandough, Peter Davies RC Chaplain, and Dave Pritchard at the Heath.

CANDLES You will have an opportunity to buy a 7 day candle which will be left either at the Sacred Heart and Our Lady's Altar for the duration of a week. The charge will be £5. **This week's candles will be lit for Fr Bill Lloyd (Anniversary)**

Please put your requests through the Presbytery door in an envelope with 'CANDLE' written on the outside.

GOING INTO HOSPITAL? Please let your parish priest know as he will be pleased to celebrate the Sacrament of the Sick and/or any pastoral support you need, as the team of priests who currently provide 24/7 cover are under a great deal of pressure and therefore no guarantee that a priest will always be available at any particular time. If you know any Catholic already in Hospital who needs a visit or sacramental support please leave details with the Cardiff & Vale Hospital Chaplaincy 029 20743230

CONTACT: As I said before, you have my telephone number but I don't have yours. So if you want a chat or are in need of help please phone me and leave a message so I can get back to you.

WHAT'S NEW ON THE WEBSITE?

Caritas: March /April Bulletin

Message from Pope Francis for Lent and some wise words on Fasting.

Lenten Message from Archbishop George Stack

Reflection on an individual Stations of the Cross and a link to join in with the complete Stations of the Cross.

'One year On: Book of Remembrance: Letter from Archbishop Stack

SAFEGUARDING: Please click on the link for Helplines and Information on the Parish Website Homepage.

Those experiencing domestic abuse will be able to go into a Boots or indie chemist and seek help. If they say the codeword 'ANI' (pronounced Annie) they'll be taken to a private room and asked if they want to call 999 or domestic abuse helpline.

ANI stands for 'Action Needed Immediately'"

Contact Numbers: National Abuse Helpline 0808 2000 247

Telephone receiver Respect helpline for male victims of abuse 0808 8010 327

ON-LINE MASS: There are many sites which stream Catholic Masses. Links are on the Website Eg.

<http://www.catholictv.org/masses/catholictv-mass> Daily Mass (On Demand)

<https://www.mcnmedia.tv/camera/st-mary-of-the-angels> Daily Mass

The obligation to attend Sunday Mass remains suspended.

LOCKDOWN: As I said last week, this lockdown is for your benefit, to protect you, those who clean the Church after each Mass and for me. The whole of Wales is in lockdown so we in St Patrick's will continue to follow what is asked of us.

If you have had the 'jab' please keep to the rules so that we all may be protected.

MASS INTENTIONS FOR 2021: Please put your request and donation in an envelope and post it through the Presbytery Door. Please mark the outside of the envelope to show that it is a Mass request.

ON-LINE GIVING: Many Parishes give people the opportunity to donate to their Parish via an on-line link. This has been set up and all monies go directly into the St Patrick's bank account. It is fully secure and you can do it using PayPal if you wish. There is no obligation for you to use this feature but the facility is there if you want it. Just click on the On-line Giving logo on the Home Page on our website and follow the instructions.

MESSAGE FROM CANON MIKE

In last week's newsletter I wrote about people dwelling on the negative rather than the positive, remembering their failures not seeing their successes. Sadly, this was the road I found myself on this week. There were two TV programmes I watched. One had the title 'Daddy, what did you do during the Coronavirus Pandemic?' and the second was the wonderful American sitcom from the 1970's 'MASH'. The latter is set in Korea in the 1950's showing the Mobile Army Surgical Hospital with characters like Hawkeye Pierce, B.J. Hunnicut, Fr Francis Mulcahy, Radar O'Reilly and my favourite Corporal Max Klinger --- (if you've not watched it, find the time this week.)

The episode I watched saw Fr Mulcahy sitting in his tent pondering on his achievements, if any, since being appointed to the MASH 4077 Unit. He was a little depressed, only seeing the negative. I mention this because like him I had an opportunity to sit and question "Michael, what have you achieved during the Coronavirus Pandemic?" The following night the second programme was aired, 'Daddy, what did you do during the Coronavirus Pandemic? With the coming of this show I 'hit the rails'.

Winston Churchill called it the 'Black Dog' days of melancholy and despondency.

I've looked back these twelve months and asked myself many questions and came up with answers that worried me. It left me with a sense of guilt, a sense of failure. Have I achieved anything in the past year? I have questioned my role as your Parish Priest. Have I led by example? Have I gone that extra mile for the people I live and work with here in St Patrick's? Have I given assistance to you in body and spirit? When Francis Mulcahy sat in his tent, he asked these questions and also sought God's forgiveness.

I believe in Angels, not with wings and playing harps on clouds, but messengers of Hope and Assurance, people like you and me being in the right place at the right time and in Fr Mulcahy's case Colonel Sherman Potter, Chief Surgeon and Commanding Officer, with a reversal of roles. Col. Potter saw the Priest a little down in the dumps and asked him why, and with simple words of reassurance and encouragement made the Priest see all the good things he had done. "Do the little things well" words of St David.

Fr Mulcahy told the doctors that medics see the results of their labours, but the Priest never does.

My Angelic encounter was in a Supermarket car park when a couple with simple words of assurance, not knowing my feelings thanked me for what I've done for the People of God.

"Father, remember you sow the seeds of harmony and joy, but like all seeds they take time to grow and mature."

Then on my return home, a card posted through the door, words of thanks and appreciation. The Lord moves in mysterious ways. So I thank the Lord for his 'Angels' and recognise we all have jobs to carry out within the Communities in which we live and work. No matter who you are, how insignificant you may feel, you have and can help those around you. Encouragement is a great tool to use during this time of 'lockdown'. So be that 'Angel' of inspiration and stimulation, encouraging the sad into seeing that no person is a failure.

Book of Remembrance

One year On : Remembering Our Loved Ones

On 23rd March 2021 we will reach a significant milestone in the country's fight against Coronavirus: for it was on this day that we entered the first of the lockdowns. With these words of the Prime Minister, our lives radically changed, and the era of a 'new normal' was ushered in:

"From this evening I must give the British people a very simple instruction - you just stay home".

Since then, we as a nation have lost over 121,000 lives, with the total here in Wales exceeding 5,000. These are no mere statistics: each number is a life, each life is a memory, each life is a family trying to grieve in such exceptional circumstances.

On Monday, 23rd March, I will celebrate a Solemn Requiem Mass at St. David's Cathedral for all the faithful departed who have died as a consequence of the pandemic.

I have opened a Book of Remembrance at the Cathedral, and I invite you to send in the names of your loved-ones who have died over the last year as a result of the pandemic.

The Book of Remembrance will be given place of honour at the Requiem Mass before the Pascal Candle at the Requiem Mass. If you would like the name of your loved one included in the Book of Remembrance, please email Fr. Daniel at cathedral@rcadc.org

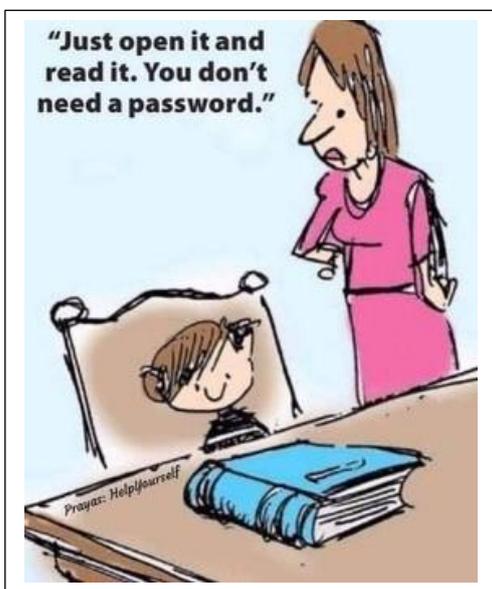
The Solemn Requiem Mass will be celebrated at the Cathedral 12:45pm on Monday, 23rd March. Due to limited numbers able to be safely present at the Cathedral, those who may wish to attend will need to reserve a seat by telephoning Fr. Daniel Stanton at Clergy House on 029 20 23 14 07. There are thirty-four spaces available in the Cathedral for yourself or your bubble. These seats will be reserved on a 'first-come-first-served' basis. The Requiem Mass will also be live-streamed through the Cathedral website.

May their souls, and the souls of the faithful departed, rest in peace. Amen.

With every Blessing Archbishop George Stack



LIFE'S LIKE THAT!



On his first visit to a girl's house, a guy waited in the living room while she prepared a snack in the kitchen. Left alone he noticed a small attractive vase on the mantelpiece. He picked it up and was looking at it when the girl walked back in.

"What's this?" he asked "Oh, my father's ashes are in there." she said "Oh, my God. I'm so sorry....."

"Yeah, he's too lazy to go to the kitchen and get an ashtray."

"How was your blind date?" a college student asked her twenty-one-year-old roommate. "Terrible" she moaned.

"He showed up in his 1932 Rolls-Royce."

"Wow!. That's a very expensive car. What's so bad about that?"

"He was the original owner."

A man was lying in hospital, covered with bandages from head to toe. The guy in the next bed said "What do you do for a living?"

"I'm a former window-cleaner."

"Oh, when did you give it up?"

"About halfway down."