

Fruits of the Holy Spirit

Love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control

LOVE

The love the Holy Spirit sends is a pure, unconditional love. It does not say, "I'll love you if...or...I love you because..." It says I love you PERIOD. Love is the greatest fruit that the Holy Spirit can give us because God is love.

JOY

which comes from making God the center of our lives...

Joy is living in the knowledge of God's presence... It blows happiness away!

PEACE

Peace is a gift of the Spirit that allows us to have calm in the storm. It doesn't blind us to troubles, but it does allow us to rise above them. Like a wall surrounds a fortress to protect it from outside forces, so does the Lord guard our hearts with peace.

PATIENCE

so that we may trust the Lord to work in His own time and His own way...

Patience comes from understanding that the Lord will take care of us in any situation.

KINDNESS (includes goodness)

that we may love everyone the way God asks us to...

Kindness is a heartfelt compassion for all who suffer or need love. It allows us to reach out, even to our enemies. Goodness is being in agreement with God's will.

GENEROSITY

that we may be as generous as God.

being truly generous is being selfless in the service of others for the sake of love of God and neighbor in every sphere of our lives. It is more than just monetary.

FAITHFULNESS

The Holy Spirit will give us the strength to be loyal to Him and to our friends.

GENTLENESS

It means having great strength but being able to be calm in how we show it. A gentle spirit can overcome an angry spirit.

SELF-CONTROL (includes modesty and chastity)

Self-control is hard. The Holy Spirit helps us to say no to things that lead us away from God.