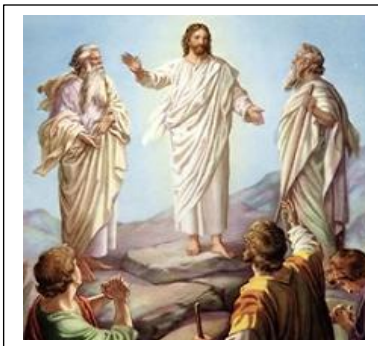


**EIGHTEENTH SUNDAY OF  
ORDINARY TIME**

Reading Cycle C  
Psalter Week 2  
Sunday 31<sup>ST</sup> JULY 2022

Chaplain:  
Rev. Peter Davies  
[peter.davies4@wales.nhs.uk](mailto:peter.davies4@wales.nhs.uk)

Safeguarding Rep: C German  
e-mail: Cge7618946@aol.com



**ST PATRICK'S GRANGETOWN  
CARDIFF CF11 7 LJ**

**Tel No: 20253514**

**Parish Priest:**

**Canon Michael Patrick Evans**  
e-mail: [michael.evans@rcadc.org](mailto:michael.evans@rcadc.org)

[www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)

Facebook Page|:

**Friends of St Patrick's Grangetown -**  
[www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)

**MASSES AND SERVICES FOR THE WEEK**

SAT	30 <sup>TH</sup> JULY	EIGHTEENTH SUNDAY OF ORDINARY TIME	6.30pm	Bernard and Brigid Johnson and Germaine Ngoy in Thanksgiving
SUN	31 <sup>ST</sup> JULY		10.00am	Spiro Spiteri and Victoria and Maldwyn Evans
MON	1 <sup>ST</sup> AUG			
TUES	2 <sup>ND</sup> AUG	Weekday in Ordinary Time	10.00am	Bernard Driscoll
WED	3 <sup>RD</sup> AUG	REQUIEM MASS	11.30am	AGNES (ANN) NOWLAND
THURS	4 <sup>TH</sup> AUG	MEMORIAL OF ST JOHN MARY VIANNEY	10.00am	Con and Muriel Callaghan
FRI	5 <sup>TH</sup> AUG			
SAT	6 <sup>TH</sup> AUG	SAT: (THE FEAST OF THE TRANSFIGURATION)	6.30pm	Terry O'Connell
SUN	7 <sup>TH</sup> AUG	NINETEENTH SUNDAY OF ORDINARY TIME	10.00am	Millie and Bert Swafeld

**PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:**

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them during the coming week. To all our parishioners who are indisposed we ask that they may receive every grace and blessing.

We also pray for, Alan Spear, Maldwyn Evans, Enid Brahim, Elizabeth Omar, Bernard Bull, Ann Owen, Marjorie Young, Nora Weston, Helen Martin, Bernard Brocklebank, Michael Kennedy, Teresa Brown, Johanna Jones, Robert Gee, Pamela Plevy, Christine Jenkins, Jan Majewski, Terence O'Connell, and all those whose anniversaries occur at this time.

Do not forget to pray for all those who have died and for their families, particularly those who have no-one to remember them.

Let us pray for the repose of the souls of Graham Webber, Connor McLelland, David Hill and Agnes Nowland who died recently. May they rest in eternal peace

**CANDLES** You can buy a 7 day candle which will be left either at the Sacred Heart and Our Lady's Altar for the duration of a week. The charge will be £5. **This week's candles will be lit for Bryan Underwood and Carmelo Martino Cicillini**

If you choose to light a T-Light (20p each) please start from the top row down on the votive stands and light them with care.

**LOURDES PILGRIMS:** Whilst they were in Lourdes, our Pilgrims lit a Candle for our Parish Community. We in turn lit a candle for them, that their Pilgrimage may be blessed and that they have a safe return. There is a photo and info about Lourdes on the website.

**PILGRIMAGE TO PENRHYS:** Sunday 14<sup>th</sup> August. Feast of the Assumption of Our Lady. Feast Day Mass 3.00pm at the foot of the statue. Please bring your own seat. More details in next week's newsletter and on the website.

**SACRAMENTAL PREPARATION 2023** Baptised children currently in Y2 or above will be invited to enrol for the Sacramental group to receive the Sacraments of Reconciliation and Holy Communion in Spring / Summer 2023. Registration forms will be available from the beginning of Sept 22. Children and their families will be expected to attend weekend Mass regularly if they wish to be part of the programme.

**SACRAMENT OF RECONCILIATION:** As usual for those who wish to avail themselves of the Sacrament of Reconciliation (Confession), Canon Mike will be available at the END of each weekend Mass NOT before Mass.

**PIETY STALL:** Our Piety stall is open Before and After but not during Mass. There are lots of devotional aids and gifts and cards. **Please take care if you wish to look in the glass cases. There is a step !**

**GIFT AID** If you pay Income Tax, St Patrick's can collect Gift Aid with no cost to you at all. This is an extra 25p for every £1 you give. All you have to do is sign a consent form. Please consider this.

**SYNOD ACTION: Social Media** : Are you a member of our parish **Facebook** page? The Facebook page has been established for quite a long time and has over 400 members. Canon's weekly message and the newsletter are shared each week, as well as Parish news and other information. Join us on: Friends of St Patrick's Grangetown - [www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)

We now have a **Twitter** account. Please follow us: St Patrick's Church Grangetown @StPatsGrange

**NEW SYNOD DOCUMENTS:** There are two new Synod Documents available for you to read on the website: the National Synthesis from the Bishops of England and Wales, and a Reflection from the Bishops called "Seeking our Hearts' Desire".

**MASS INTENTIONS:** Please put your request and donation in an envelope and post it through the Presbytery Door and mark the outside of the envelope to show that it is a Mass request.

**HOUSEBOUND COMMUNIONS:** If you know of a parishioner wishing to receive Holy Communion or if you need help please contact Canon Mike.

**GOING INTO HOSPITAL?** Please let Canon Mike know as he will be pleased to celebrate the Sacrament of the Sick and/or any pastoral support you need, as the team of priests who currently provide 24/7 cover are under a great deal of pressure and therefore no guarantee that a priest will always be available at any particular time. If you know any Catholic already in Hospital who needs a visit or sacramental support please leave details with the **Cardiff & Vale Hospital Chaplaincy 02921 843230 (new number)**

**SAFEGUARDING:** Please click on the link for Helplines and Information on the Parish Website Homepage.

**PARISH WEBSITE** Many people are unaware of what we have on our Parish Website. The Bible readings for the Day are uploaded each day together with reflections and there are links to various Masses on-line. The **JUNE** edition of the Catholic People Publication is also available. When text is underlined, click on that and it will give more information. This newsletter is there for you to read with details of the weekly Masses and Anniversaries. There is now a link to the Parish Facebook page and Twitter.

**CHURCH COLLECTION: W/E 16/17 July £545.46 W/E 23/24 July £631.29**

### MESSAGE FROM CANON MIKE

How often have you sat as a family and played board games like 'Monopoly or Trivial Pursuit' or eaten a meal with members of your family? Sadly this often seems to be relegated the far distant past. Every time my sister and family appear, as the drink goes down, out come the board games, advisable to be played sober! The Board Game is an extension of the meal. We've eaten and drunk, now the "Final Course" . . . Trivial Pursuit.

I've often asked the question "Which game is played most throughout the world?" I've no evidence, but I would say Snakes and Ladders: a game most people have played as children, as parents with their children or as grand parents. Quite a simple game to play and understand, even for me. You throw the dice, then move the counter along the board until you've reached the final square. From square 1 until square 100 you encounter ladders which assist the player to move up and onwards towards the finish. But then there are snakes! The snakes sadly are unavoidable which hold you back from finishing before anyone else. Down you go!

You could say 'Snakes and Ladders' is a metaphor for life. We all start our journey through life in the same way but sadly there are those who seem to have more Snake than Ladder days. Most of the time it's pure drudgery. Nothing seems to happen until one day it's a Ladder Day, full of Joy and happiness, then . . . we have a Snake Day, Despair and despondency! It's how you handle the 'Snake Day' that will show your character. Do you mope around or do you get up, dust yourself down and continue the journey?

This week we celebrate the Feast of the Transfiguration. Peter, James and John were on a hillside with Jesus and Peter was experiencing a "Ladder Day" . . . "Lord it's marvellous to be here, allow me to stay here . . ." but Jesus tried to explain to us through Peter that we have "No lasting city", that He, together with the whole of humanity are journeying towards the Promised Land and along the way we will encounter both Happiness and Sadness. . . . Snakes and Ladders.

Life is character building: it makes us more resilient, stronger to face the problems that life presents to us.

Jesus was trying to explain to us through Peter that He must come down from the Mount of Joy and climb another hill, the hill of pain, Calvary but He will bring us off that slope of despair to the hill of Perpetual Happiness, The Resurrection.

It's all rather Theological, but the journey will continue for each and every one of us. Maybe those of you who are experiencing a Ladder Day could take some time to assist those who have come down the Snake with a bump, finding life hard and confusing. Remember, make time once again to sit together and enjoy the simple pleasure of family life, over a bite to eat, a little drink and a board game.

"Whose turn is it to throw the dice?"



"I sought to hear the voice of God and climbed the topmost steeple, but God declared: "Go down again – I dwell among the people."  
John Henry Newman

