

FIFTH SUNDAY OF ORDINARY TIME

Reading Cycle A

Page 133 in the New Orange Mass Book

Psalter Week 1

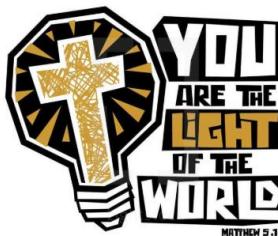
Sunday 8TH FEBRUARY 2026

Chaplain: Rev. Peter Davies

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ST PATRICK'S GRANGETOWN

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www.stpatrickscardiff.co.uk

MASSES AND SERVICES FOR THE WEEK

SAT	7 TH FEB	FIFTH SUNDAY OF ORDINARY TIME	6.00pm	People of the Parish
SUN	8 TH FEB		10.00am	Patricia Barry R.I.P
MON	9 TH FEB	FEAST OF ST TEILO	10.00am	People of the Parish
TUES	10 TH FEB	MEMORIAL OF ST SCHOLASTICA	10.00am	Margaret Roche R.I.P
WED	11 TH FEB	FEAST OF OUR LADY OF LOURDES	10.00am	World Day for the Sick
THURS	12 TH FEB	Weekday in Ordinary Time	10.00am	Holy Souls
FRI	13 TH FEB	Weekday in Ordinary Time	10.00am	Emilio Forte R.I.P
SAT	14 TH FEB	SIXTH SUNDAY IN ORDINARY TIME	6.00pm	Brigid Johnson R.I.P James Boyce R.I.P
SUN	15 TH FEB		10.00am	Special Intention

PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:

Let us pray for the repose of the souls of Janet Doyle, Patricia Barry and a Special Intention. May they rest in eternal peace.

This week we also pray for Albert Jeremy, Evelyn Melean (1982), William Jeremy (1984), Herbert Thomas, Amelia Curme (1985), Mrs L M Moon (1986), Donald Croll, Lilian Webber (1987), Lynette White (1988), Minnie Murphy, Fr Francis Morris (1990), Salvina Curmi, Ada O'Keefe, Joseph McDonald, Mary Parker (1991), Frederick Greenslade, Michael Kuzinski, Peter Diment (1992), Michael Gibson (1994), Amando Ramos, Winifred Teppitt, Winifred Leach, Danilo Famari (1996), Colin Warman (1997), Winifred Doble, George Collins (1999), William Green, Winifred Jeffreys (2000), Violet Straughan (2001), Chris Stevens (2003), Patrick Hanson, Paul Vella (2004), Vivian Bevan, Norah Cleves (2005), Rosa Lane (2006), Emily Pine (2007), Zeida Ugarte (2008), Fr Pierce Maher (2011), Magdalena Klos, Maureen Kelly (2012), Patricia Luxton (2013), Jean Felice (2015), Robert Sloman (2016), Margaret Roche (2017), Alexander Tanti (2019), Fr Ray O'Shea (2021), Bernard Stroud (2023) and all whose anniversaries we remember at this time.

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them during the coming week. To all our parishioners who are indisposed we ask that they may receive every grace and blessing.

CANDLES You can buy a 7 day candle (£5.00) which will be left at the Sacred Heart or Our Lady's Altar for the duration of a week. This week candles will be lit for Joan Cowley John and Ann Flynn and a Special Intention

PASTORAL LETTER FROM ARCHBISHOP MARK : "Heart speaks to Heart" There are a few copies at the back of the Church or you can read or listen to the letter on the Parish Website.

DATE FOR YOUR DIARY Lenten Station Mass Friday February 27th 7.00pm in St Patrick's Church. More details to follow.

ANOTHER DATE FOR YOUR DIARY: The SVP Mini Vinnies in St Patrick's School invite the Grandparents from Years 1 and 2 and Parishioners from St Patrick's Church to an afternoon Easter Preparation Celebration on Friday 13th March 1.30- 2.30pm. See poster on Event's Board for more details.

LIVE STREAM LINK: A camera and all the tech stuff have been installed.. Church Services can be viewed live on the Parish Website. This should be available on computers, tablets and phones. Parishioners are reminded that the live stream is always active in the Church and covers the Altar and first 6 rows of the church. If you do not wish to be on the live stream please sit further back.

PARISH REPORTING PROFORMA FOR JANUARY: This is on the Events and Noticeboards at the back of the Church.

SACRAMENT OF RECONCILIATION after any Mass. just ask Canon Mike.

PIETY STALL: New Year Diaries and Mothering Sunday cards and gifts. New Stock is coming !!

ARCHDIOCESAN YEAR BOOKS These are available at the back of the Church £5.00

DONATING TO THE PARISH ONLINE: Please see the link on the Home Page on the Parish website

OLD SPECTACLES/ GLASSES: **THE KNIGHTS OF ST COLUMBA** are collecting any old prescription spectacles/glasses. There is a box at the back of the Church.

PARISH WEBSITE: This is updated every day. There is the reading for the day, and a reflection, the latest newsletter, times of Masses. There is also a link to the online stream. Find out more, www.stpatrickscardiff.co.uk

MASS INTENTIONS At the back of the Church there are envelopes for you to put your donation and the details of when you would like a Mass and for whom. Please indicate if the person is deceased. Please put your envelope in the Offertory Bag or the Brown Box at the back of the Church.

SAFEGUARDING: Helplines on the Parish Website and on the Parish Noticeboard First Aid Box is in the Sacristy.

GOING INTO HOSPITAL? Let the Hospital know that you are a Catholic and would like a visit from the Chaplain. If you are a relative and would like the Catholic Hospital Chaplain to make a visit please leave the name of the person you want them to see and the Ward details if possible. When you ring the Chaplaincy 02921 843230 leave your contact details so that they can contact you.

HOUSEBOUND COMMUNIONS: If you know of a parishioner wishing to receive Holy Communion contact Canon Mike.

WEEKLY MESSAGE

Today's Gospel talks about salt and light. Light is quite straightforward because we all know its importance. But salt? The salt we are familiar with today differs from the salt in the time of Jesus. Today the salt we use is pure, having many uses and there are few unwanted impurities. This was not so during ancient times. Salt, though it had many uses often had many impurities and these would impede its usefulness and function. Nonetheless it was still used to flavour, and preserve and in some places it was as valuable as gold. Today we have many things that get in the way of us becoming close to the Lord. Our world is busy, fast and instant. We are list makers and we assess the value of the day by how many things we have crammed into it. How much have we achieved, how much have we done?

If we are to be the salt of the earth, how valuable have we been today? Have there been so many additives in our lives that we have excluded the Lord? Have we taken time to value others, consider their needs over our own?

In the last few weeks the importance of family, friends, companionship and good health have loomed large. These are things we often take for granted but when things go awry it brings us up short and the endless 'to do' lists cease to be important. We can all remove some of the additives in our lives but it takes time and effort and prayer.

*"Heavenly Father, You have called us to be the salt of the earth and the light of the world.
Help us to live in a way that preserves truth,
adds grace, and brings out the beauty of Your goodness
in a world that hungers for hope"*

"Though small and often unseen, there are countless moments in your day in which you can be salt and light in this world."

Church Bulletin Gaffs

Please place your donation in the envelope along with the deceased person you want remembered.

This evening at 7pm there will be hymn singing in the park across from the Church. Please bring a blanket and be prepared to sin.

Weight Watchers will meet at 7pm in the Church Hall. Please use the large double door at the side entrance.

The sermon today was 'Jesus Walks on the Water'. The sermon next week will be 'Searching for Jesus'.

Pot-luck supper Sunday at 5:00 PM - prayer and meditation to follow.



"How's the Psalms title page coming along ?"

Two dog owners were talking in the park. One said " I'm fed up with my dog--- he'll chase anything on a bike." "What are you going to do?" asked the other. " Have him put down?" " No, I think I'll just take his bike away."