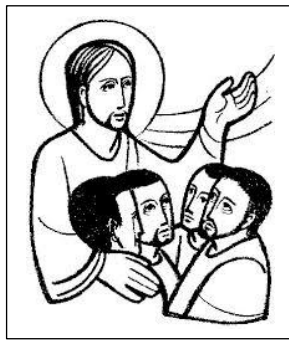


**SEVENTEENTH SUNDAY OF ORDINARY TIME**

Reading Cycle C  
Psalter Week 1  
Sunday 24<sup>TH</sup> JULY 2022  
Chaplain:  
Rev. Peter Davies  
[peter.davies4@wales.nhs.uk](mailto:peter.davies4@wales.nhs.uk)

Safeguarding Rep: C German  
e-mail: Cge7618946@aol.com



**ST PATRICK'S GRANGETOWN  
CARDIFF CF11 7 LJ**  
Tel No: 20253514  
Parish Priest:  
Canon Michael Patrick Evans  
e-mail: michael.evans@rcadc.org  
[www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)  
Facebook Page:  
Friends of St Patrick's Grangetown -  
[www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)

**MASSES AND SERVICES FOR THE WEEK**

SAT	23 <sup>RD</sup>	JULY	SEVENTEENTH SUNDAY OF ORDINARY TIME	6.30pm	Mary Keane
SUN	24 <sup>TH</sup>	JULY		10.00am	Roger Provoost and Mariana Camilo Da Silva
MON	25 <sup>TH</sup>	JULY			
TUES	26 <sup>TH</sup>	JULY	SS JOACHIM AND ANNE (Parents of the Blessed Virgin Mary) Memorial	10.00am	Holy Souls
WED	27 <sup>TH</sup>	JULY	Weekday in Ordinary Time	10.00am	Special Intention
THURS	28 <sup>TH</sup>	JULY	Weekday in Ordinary Time	10.00am	For the Intention of Sr Sara
			FUNERAL SERVICE	12.00pm	GRAHAM WEBBER
FRI	29 <sup>TH</sup>	JULY			
SAT	30 <sup>TH</sup>	JULY	EIGHTEENTH SUNDAY OF ORDINARY TIME	6.30pm	Bernard and Brigid Johnson and Germaine Ngoy in Thanksgiving
SUN	31 <sup>ST</sup>	JULY		10.00am	Spiro Spiteri and Victoria and Maldwyn Evans

**PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:**

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them during the coming week. To all our parishioners who are indisposed we ask that they may receive every grace and blessing.

We also pray for, Angela Formosa, Winifred Howells, George Martin, Roger Provoost, James Doyle, Catherine Payne, William Monks, Richard Payne, Maurice Ryan, Harold Shields, Audrey Keane, Ann Gloria Murray, John Patrick O'Brien, John Norman, Lawrence Clarke, Molly Bryon, Mary Field, Wasyl R Lukawecki, Alan Spear, Maldwyn Evans, and all those whose anniversaries occur at this time. Do not forget to pray for all those who have died and for their families, particularly those who have no-one to remember them. Let us pray for the repose of the souls of Graham Webber, Connor McLelland, David Hill and Agnes Nowland who died recently. May they rest in eternal peace

**CANDLES** You can buy a 7 day candle which will be left either at the Sacred Heart and Our Lady's Altar for the duration of a week. The charge will be £5. **This week's candles will be lit for Catherine Cruise, Rosie Jarman, Connor McLelland, and Agnes Nowland** If you choose to light a T-Light (20p each) please start from the top row down on the votive stands and light them with care.

**KEEPING SAFE:** The last week has challenged us all with the extreme heat. Drinking plenty of water is vital, but if you do bring water bottles to Church, please take them home when you leave, If you are visiting the Piety Stall please be mindful of the step up to the glass display cases. Also as you enter and leave the Church there are steps. There are hand rails to assist your ascent and descent, so please use them. Some people have begun to use the kneelers but we need them back in the upright position at Communion Time so that there is a clear pathway for walking through the pews. And lastly, candles..... start at the back please.

**LOURDES VISIT:** Mary and Tommy Taylor are off to Lourdes on 25th July. They will light candles for the Parish Community. If anyone would like them to take a petition on their behalf, please let them know this weekend.

**SACRAMENTAL PREPARATION 2023** Baptised children currently in Y2 or above will be invited to enrol for the Sacramental group to receive the Sacraments of Reconciliation and Holy Communion in Spring / Summer 2023. Registration forms will be available from the beginning of Sept 22. Children and their families will be expected to attend weekend Mass regularly if they wish to be part of the programme.

**SACRAMENT OF RECONCILIATION:** As usual for those who wish to avail themselves of the Sacrament of Reconciliation (Confession), Canon Mike will be available at the END of each weekend Mass NOT before Mass.

**PIETY STALL:** Our Piety stall is open Before and After but not during Mass. There are lots of devotional aids and gifts and cards. **Please take care if you wish to look in the glass cases. There is a step !**

**GIFT AID** If you pay Income Tax, St Patrick's can collect Gift Aid with no cost to you at all. This is an extra 25p for every £1 you give. All you have to do is sign a consent form. Please consider this.

**NEW SYNOD DOCUMENTS:** There are two new Synod Documents available for you to read on the website: the National Synthesis from the Bishops of England and Wales, and a Reflection from the Bishops called "Seeking our Hearts' Desire".

**SYNOD ACTION: Social Media** : Are you a member of our parish **Facebook** page? The Facebook page has been established for quite a long time and has over 400 members. Canon's weekly message and the newsletter are shared each week, as well as Parish news and other information. Join us on: Friends of St Patrick's Grangetown - [www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)  
We now have a **Twitter** account. Please follow us: St Patrick's Church Grangetown @StPatsGrange

**MASS INTENTIONS:** Please put your request and donation in an envelope and post it through the Presbytery Door and mark the outside of the envelope to show that it is a Mass request.

**HOUSEBOUND COMMUNIONS:** If you know of a parishioner wishing to receive Holy Communion or if you need help please contact Canon Mike.

**GOING INTO HOSPITAL?** Please let Canon Mike know as he will be pleased to celebrate the Sacrament of the Sick and/or any pastoral support you need, as the team of priests who currently provide 24/7 cover are under a great deal of pressure and therefore no guarantee that a priest will always be available at any particular time. If you know any Catholic already in Hospital who needs a visit or sacramental support please leave details with the **Cardiff & Vale Hospital Chaplaincy 02921 843230 (new number)**

**SAFEGUARDING:** Please click on the link for Helplines and Information on the Parish Website Homepage.

**PARISH WEBSITE** Many people are unaware of what we have on our Parish Website. The Bible readings for the Day are uploaded each day together with reflections and there are links to various Masses on-line. The **JUNE** edition of the Catholic People Publication is also available. When text is underlined, click on that and it will give more information. This newsletter is there for you to read with details of the weekly Masses and Anniversaries. There is now a link to the Parish Facebook page and Twitter.

### MESSAGE FROM CANON MIKE

Most of you know that I was brought up in Neath and one of the fortunate things in that town, was a Community of Poor Claire Sisters who came to the Parish in 1949 from Dublin. It was an enclosed Convent, and some would say they were "Professional Pray-ers" but *they* would disagree when that came into conversation. Sadly the Sisters left Neath due to a lack of vocations and an ageing community. Though they belonged to the Irish Province they were sent to join another Community in Scotland. There are Poor Claires in Hereford which belong to the English Province

The sad thing about these Sisters is that so few people knew they were there let alone what their purpose was within the Parish but when they left, the power that had come from the other side of the Convent walls became apparent. Not power in an aggressive way but the power of Gentleness, Courtesy and Humanity, with my favourite gift of HUMOUR!

The Power they wielded came through Prayer: being able to talk with the Lord and as they told me time and time again being able to listen to the voice of the unseen Lord and Master.

The first step of a Disciple is learning the art of silence . . . "Be still in the presence of the Lord"

I must have been one of many to have asked the Sisters "How do you pray" and "Teach me to pray"

People went to Jesus and asked Him to show them how to pray . . . "Lord teach us how to pray. . .

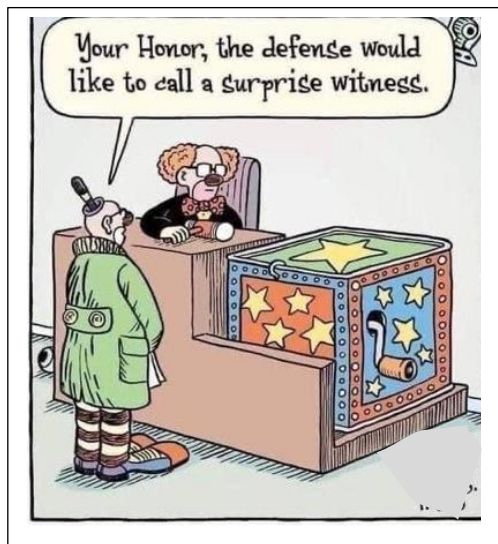
*' Our Father , may your name be held holy, your kingdom come ,  
give us each day our daily bread  
and forgive us our sins as we ourselves forgive each other ,  
and do not put us to the test . . . . '*

Jesus teaches them and us in simple everyday words, words which come from the heart, meaningful but sincere. People have asked me how to pray, have asked where, when and how often they should pray. The problem with many, is that they give up at the first attempt, not understanding that it is a Marathon not a Sprint. You could even say it's more of an obstacle course than running in a straight line. But you need ENDURENCE.

Remember when I talked about learning to ride a bike or being taught how to swim? Yes you will fall from the bike and flounder in the swimming pool but perseverance is what is needed if you are to succeed. When and where I can hear you cry?

**Now** is the favourable time and **wherever you find yourself** is the right place

It's as simple as riding a bike . . . TRY AND TRY AGAIN !.



God is the best listener.  
You don't need to shout nor  
cry out loud because He  
hears even the very silent  
prayer of a sincere heart.

