

**TWENTY SECOND SUNDAY
OF ORDINARY TIME**

Reading Cycle A
Page 122 in the New Green Mass Book
Psalter Week 2
Sunday 30TH AUGUST 2026
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MASSES AND SERVICES FOR THE WEEK

SAT	29 TH AUG	22 ND SUNDAY OF ORDINARY TIME	6.00pm	Kath Flynn R.I.P + Leo Todd and Winifred Jackman R.I.P
SUN	30 TH AUG		10.00am	Staff and Pupils of the School
MON	31 ST AUG	NO MASS		
TUES	1 ST SEPT	Weekday in Ordinary Time	10.00am	Cynthia Cosh R.I.P
WED	2 ND SEPT	Weekday in Ordinary Time	10.00am	Deceased members of the Attanasio Family
THURS	3 RD SEPT	MEMORIAL OF ST GREGORY THE GREAT	10.00am	Deceased of the Parish
FRI	4 TH SEPT	NO MASS		
SAT	5 TH SEPT	23 RD SUNDAY OF ORDINARY TIME	6.00pm	People of the Parish
SUN	6 TH SEPT		10.00am	Fr Bogdan Wera R.I.P

PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:

Let us pray for the repose of the souls of Eddie Johnson and Paula June Vella . May they rest in eternal peace.

This week we also pray for Honora Page (1980), William Gwattin (1981), Frederick Keeping (1983), Elizabeth Greenslade (1985), Johanna Spiteri, Annie Burston (1987), Michael Mannings, James McCarthy, James John (1988), Hetty Cokes (1989), Catherine Driscoll (1990), John Aherne (1991), John Brunker (1993), Francis Harrison (1994), John Roderick, George Lyne (1996), Roy Best, Victor Davidson, Veronica Broad, Robert Berni, Diana, Princess of Wales (1997), Delphine Luxton (1998), Carmine Attanasio, Ellen Gully (1999), Catherine Mander (2000) Darran Cross (2002), Theresa Moreno (2003), Thomas Moss (2204), James Mackie (2005), Denis Cole (2006), Mary Molloy (2008), Kath Flynn (2015), Rose Taylor, Margaret Cox (2016), Maria Woodman, Betty Deakin (2018), John (Patsy) Curran (2020), Cynthia Cosh, Ted Geary (2022), Jimmy Conway, Desmond Clode, Terry Herring (2023), and all whose anniversaries we remember at this time.

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the Love of the Lord be with them during the coming week.

CANDLES You can buy a 7 day candle (£5.00) which will be left at the Sacred Heart or Our Lady's Altar for the duration of a week.

This week candles will be lit for the Kath and Anne Flynn

SACRAMENTAL PREPARATION 2026/7 We invite parents /carers of Baptised Catholics in Y3 or above to register their children and enrol in the preparation programme for the Sacraments of Reconciliation and First Holy Communion. Registration forms are available from Church after weekend Masses. These must be collected and returned by parents / carers. Regular attendance at the weekend Masses is a requirement and Mass attendance sheets will be provided . These will need to be signed on a weekly basis. Further information about dates etc will be provided at a later date. Thank You.

AUGUST ARCHDIOCESAN NEWSLETTER: Please see the Parish Website

VISIT OF THE PILGRIM STATUE OF OUR LADY OF FÁTIMA, takes place across the country, showcasing the beauty and significance of our Lady's message at Fatima. The visitation to **St David's Cathedral, Cardiff, on 10th October** will begin at 9:40am with the arrival, procession and reception of the relics followed by Holy Mass celebrated by Archbishop Mark at 10:10am. All Welcome

SEASON OF CREATION 2026 This ecumenical time runs from September 1 to October 4, 2026, opening with the World Day of Prayer for the Care of Creation. The global Christian observance is themed "Living Water" (inspired by Ezekiel 47:1–12), while Pope Leo XIV's specific papal message focuses on the text "*They shall beat their swords into plowshares*" (Isaiah 2:4) Please see the Parish Website for more details.

PIETY STALL: New stock in. Lots of lovely things New Displays Come and Look .

PILGRIMAGE TO ROME/ASSISI/CASCIA

18TH – 23RD April 2027

PILGRIMAGE TO FATIMA/ LISBON/ SANTAREM/ NAZARE/ BATALHA – 20th -25th September 2027.

Anyone interested in either Pilgrimage please contact St Helen's Parish office at barry@rcadc.org or barry@cardiffmemevia.org to give your name and contact details.

TEA/COFFEE AND CAKES AFTER THE 10.00AM MASS. Every one is welcome and when the sun is shining what better way to share some time with each other.

SACRAMENT OF RECONCILIATION. Anyone who would like to receive this Sacrament please see Canon Mike after any of the Masses. There are guidance leaflets at the back of the Church.

"THE CHOSEN" is a groundbreaking, multi-season historical drama series about the life and ministry of Jesus of Nazareth, seen through the eyes of those who met him. Download the link <https://watch.thechosen.tv/> and start at series 1. Well worth watching.

SUNDAY SERMON FROM BISHOP ROBERT BARRON: See the link on the Parish website. These are thought provoking and only last about 14-15 minutes.

PARISH WEBSITE; This is updated every day. There is the reading for the day, and a reflection, the latest newsletter, times of Masses. There is also a link to the online stream. Find out more, www.stpatrickscardiff.co.uk

MASS INTENTIONS At the back of the Church there are envelopes for you to put your donation and the details of when you would like a Mass and for whom. Please indicate if the person is deceased.

SAFEGUARDING: Helplines on the Parish Website and on the Parish Noticeboard First Aid Box is in the Sacristy.

GOING INTO HOSPITAL? Let the Hospital know that you are a Catholic and would like a visit from the Chaplain. If you are a relative and would like the Catholic Hospital Chaplain to make a visit please leave the name of the person you want them to see and Ward details if possible. Chaplaincy 02921 843230 Please leave your contact details so that they can contact you.

HOUSEBOUND COMMUNIONS: If you know of a parishioner wishing to receive Holy Communion contact Canon Mike.

WEEKLY MESSAGE

This week we begin the month of September and it is the month when we celebrate the Season of Creation. We are custodians of our world and our journey of life towards the Heavenly Kingdom, though it may be full of trials and disappointments, there will be times of joy and beauty.

This year's theme is 'Living Water', based on the vision from Ezekiel 47:1-12. God's life-giving water flowing from the temple of God, restoring a desolate place, reviving waters, and bringing transformation.

You have often heard me talk about how precious water is. Without water, our world would be a dry, barren place and we would not exist.

Just lately we have had lengthy periods of extremely hot weather, resulting in hosepipe bans, low levels in reservoirs, people having difficulty coping with the high temperatures and the fan companies having a very profitable time!

You have also heard me talk about turning the tap off when you clean your teeth. Easy to forget... but do it.

You would think that in a country surrounded by water and winter times when there is a lot of rainfall that we could have thought of a better way of conserving and preserving such a precious commodity. Over the last couple of days we have had several showers of rain, but sadly not enough yet to fill our reservoirs.

But that is not all there is to water. We have had a number of Baptisms in the last months, people who want to join the Family of God and are prepared to begin a new life washed clean with the waters of Baptism.

Our lives should be about living for the love of God. If we follow Him and try to live as He invites us to live, He will be with us in all our difficulties; all that He asks is that we place our trust in Him, believe and walk in His steps.

We don't
inherit the
earth from
our ancestors,
we borrow it
from our
children.



Church Bulletin gaffs

The Fasting & Prayer Conference includes meals.

The sermon this morning: 'Jesus Walks on the Water.' The sermon tonight: 'Searching for Jesus.'

Low Self Esteem Support Group will meet Thursday at 7 PM. Please use the back door.

Pot-luck supper Sunday at 5:00 PM - prayer and medication to follow.