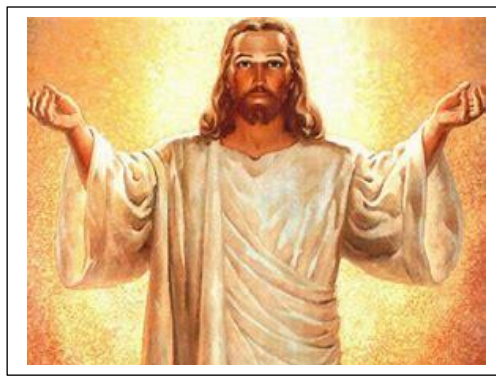


21st SUNDAY OF ORDINARY TIME
 Reading Cycle A
 Psalter Week 1
 Sunday 23rd August 2020
 Chaplains:
 Llandough-Rev. Peter Davies
 peter.davies4@wales.nhs.uk
 Heath-Rev. David Pritchard
 david.pritchard@wales.nhs.uk



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THE CHURCH IS NOT OPEN FOR PRIVATE PRAYER THIS WEEK.
 MASSES IN THE WEEK

SATURDAY	22nd AUG	21st SUNDAY OF ORDINARY TIME	6.30pm	Walsh Family
SUNDAY	23rd AUG		10.00am	Ann and John Parker

MONDAY	24th AUG	NO MASS		
TUESDAY	25 th AUG	Weekday in Ordinary Time	10.00am	Jonathan Stevens
WEDNESDAY	26 th AUG	ST DAVID LEWIS (Priest + Martyr)	10.00Am	Bernard Driscoll
THURSDAY	27 th AUG	ST MONICA (Memorial)	10.00am	Cowley and Millar Family
FRIDAY	28 th AUG	NO MASS		

SATURDAY	29 th AUG	22ND SUNDAY OF ORDINARY TIME	6.30pm	Kath Flynn
SUNDAY	30 th AUG		10.00am	Special Intention

PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them and all who are in self isolation during the coming week. To all our parishioners who are indisposed we pray that they may receive every grace and blessing. We pray especially for the Repose of the souls of David Hassan, Mary Ellen Bridge (Eileen) and Bernard Driscoll who have died recently. May they Rest in Eternal Peace + We also pray for Kerry Ackland, Mary Desmond, Dolores Amery, William John Pearce and all those whose anniversaries occur at this time. Let us not forget to pray for all those who have died and for their families, as well as a prayer of thanks to those working in our hospitals and care homes.

CANDLES FOR SICK & HOUSEBOUND Each week votive candles are lit by you, they last approximately 2hrs. You will have an opportunity to buy a 7 day candle which will be left either at the Sacred Heart and Our Lady's Altar for the duration of a week. The charge will be £5. A second candle will be lit for the sick and housebound. Candles for specific people will continue to be lit each week.
This week's candle will be lit for Phyllis Preece

PRAYERS: It is our duty to pray for each other, for those who are sick and those who care for them. But I also ask your prayers for the Chaplains who sit with those who will die, then with the families and then to stand at the graveside bringing the Peace of Jesus, to these broken families. I remember my good friend at Llandough, Peter Davies RC Chaplain, and Dave Pritchard at the Heath.

EXAM RESULTS: Let us remember all our young people who have received their A-Level and O-Level results. We congratulate all those who have received the results that they hoped for and in these unprecedented times we wish well all those who are still awaiting their results. Whatever the future may hold for our young people we remember you in our prayers.

MISSIO (RED BOXES) Thank you to all who have been collecting their small change in the red Missio boxes. Last year (2019) we raised £1977.59. A marvellous effort. If you would like to have one of the boxes please see Gerry McCarthy and if you have one that needs emptying, please bring it along to Mass.

THANK YOU A special 'Thank you' to all our 'cleaners' who stay after Mass to sanitise the seats ready for the next Mass. Well done to those in the 6.30 pm Mass, we have a lot of volunteers. It takes about 10 minutes if there are about 4 people. If you would like to volunteer particularly for after the 10.00am Mass it would be much appreciated.

GOING INTO HOSPITAL? Please let your parish priest know as he will be pleased to celebrate the Sacrament of the Sick and/or any pastoral support you need, as the team of priests who currently provide 24/7 cover are under a great deal of pressure and therefore no guarantee that a priest will always be available at any particular time. If you know any Catholic already in Hospital who needs a visit or sacramental support please leave details with the Cardiff & Vale Hospital Chaplaincy 029 20743230

GIFT AID COLLECTIONS: The ‘Gift Aid’ and non-gift aid envelopes are now available for collection. Please see Pattie or Chris at the weekend Masses to get your box.

CONTACT: As I said before, you have my telephone number but I don’t have yours. So if you want a chat or are in need of help please phone me and leave a message so I can get back to you.

WHAT’S NEW ON THE WEBSITE: The readings for the day will hopefully be posted each day as well as other items of interest. There are links on the website which may help you with your devotion.

SAFEGUARDING: Please click on the link for Helplines and Information on the website homepage.

ON-LINE MASS: There are many sites which stream Catholic Masses. Links are on the Website Eg.

<http://www.catholictv.org/masses/catholictv-mass> Daily Mass (On Demand)

<https://www.mcnmedia.tv/camera/st-mary-of-the-angels> Daily Mass

The obligation to attend Sunday Mass remains suspended.

MESSAGE FROM CANON MIKE

I remember growing up in Neath when a gang of us decided to pinch some apples from an apple tree at the end of our street. True to form.... we were caught! “ I know who you are. Your father works on the Buses!” I expect the man had no idea who I actually was, no idea of name , rank and serial number. To him I was just another boy stealing his apples.

It’s the same in this week’s Gospel. Everyone who met Jesus instantly thought they knew everything about Him.

Superficially they might have known Him, name and reputation, even His followers were uncertain of who He was.

“Come and follow me” were spoken to Peter, James and John and those He called asked

“Where do you live? “Come and find out”

It was only by accepting the call, by following and trusting Jesus did they finally find out who He was , where He came from and why He came. It’s similar to a jigsaw. At the start you have a jumbled mess and as you place the next piece of the jigsaw down, the picture becomes clearer. It must have been the same with Jesus: the longer you were with Him, the clearer your understanding became. That is why people could cry out **“ You are the Christ, the Son of the Living God”**

Peter was inspired by the Holy Spirit to recognize the Messiah. So today, change Peter’s name to yours,

“ Michael, who do you say I am?”

It’s only by accepting the call to follow, to love and live close to the Lord will we ever come to fully love, not the man Jesus, the itinerant preacher, the carpenter’s son, but the Messiah, the Saviour.

Finally, come to recognise that the Church, like last week’s boat being tossed about by the rough seas, today’s Church is being “tossed about like a cork on the sea”. It can never sink, because the words of the Lord are as much for us today as they were for Peter.

“ Peter, on you I build the Church and the gates of the Underworld can never hold out against it.”

I believe these words, because they were spoken by Jesus the Son of the Living God.!

PS. Peter is still with us in the guise of Pope Francis. Pray for him as he faces the great challenge of leading the Church, continuing building up the Body of Christ.

As Peter was called, so was Francis along with you and me,

Just a few reminders.

Thank you to all who come to Mass and are complying with the rules and regulations that have been put in place to keep you safe

PLEASE DO NOT USE KNEELERS. THESE MUST REMAIN IN AN UPRIGHT POSITION.

When it is time for Holy Communion which is at very end of Mass, please wait until the steward invites you to come forward. Even if you are not receiving, please join the line.

After you have received Holy Communion please leave the Church through either of the porch doors. You will not be able to return to your place so please take your bag with you when you go up for Communion. Also if you need to see me for any reason please sit in one of the transept pews so that the exit is unobstructed.

Be careful on the steps as you go through the porch. There is one step into the porch and two more as you step outside.

A steward be there with a bucket for the retiring collection.

Please leave the grounds of the Church and maintain Social Distancing at all times.

LIFE'S LIKE THAT!



Two Gas company employees were making house calls . The younger man decided to wind up his senior colleague by saying “ My God. You’re old!”

“ Oh yeah? “ said the older man. “ I may be getting on a bit but I bet I can still outrun you.”

“ Right. You’re on” said his colleague. “ How about a race round the block?”

With that they began running at full speed around the block. The two men were neck and neck all the way but as they approached the last corner, they were amazed to see an old lady sprinting alongside them.

“ What are you doing?” they panted.

The old lady replied “ Well, you were at my home checking my gas meter, and when I saw you running away, I figured I’d better run too!”

Three men with impaired hearing were walking down the street one day in March.
One said “ “Windy, ain’t it?”
“ No” said the second “ It’s Thursday”
The third man said “ So am I. Let’s have a Coke “

An old man attended a school re-union but was dismayed to find that his surviving classmates just wanted to talk about their various ailments -- heart conditions, kidney stones, liver complaints.

When he got home, his wife asked him how it went.

“ It wasn’t much of a re-union” he sighed.

“ It was more like an organ recital “

Thought for the week



Two paramedics went to check on a ninety -two- year-old man who had become disorientated. They decided to take him to hospital for further examination. En route, with the sirens going, they questioned him to determine his level of awareness.

Leaning close one asked “ Do you know what we are doing right now?”

The old man slowly looked up, stared out of the ambulance window and said “ I’d say about fifty, maybe fifty- five.”

POPE FRANCIS' FIVE FINGER PRAYER

2. The next finger is the index. Pray for those who teach you, instruct you and heal you. They need the support and wisdom to show direction to others. Always keep them in your prayers.

1. The thumb is the closest finger to you. So start praying for those who are closest to you. They are the persons easiest to remember. To pray for our dear ones is a “sweet obligation.”

Several sources say that this “Five Finger Prayer Guide” was written by Cardinal Bergoglio and has been attributed to him long before he became Pope Francis.

3. The following finger is the tallest. It reminds us of our leaders, the governors and those who have authority. They need God’s guidance.

4. The fourth finger is the ring finger. Even that it may surprise you, it is our weakest finger. It should remind us to pray for the weakest, the sick or those plagued by problems. They need your prayers.

5. And finally we have our smallest finger, the smallest of all. Your pinkie should remind you to pray for yourself. When you are done praying for the other four groups, you will be able to see your own needs but in the proper perspective, and also you will be able to pray for your own needs in a better way.

