

Reading for Weekday in Ordinary Time

11th September 2026

First reading

1 Corinthians 10:14-22

‘We who are many are one body, for we all partake of the one bread.’

My beloved, flee from idolatry. I speak as to sensible people; judge for yourselves what I say. The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread. Consider the people of Israel: are not those who eat the sacrifices participants in the altar? What do I imply then? That food offered to idols is anything, or that an idol is anything? No, I imply that what pagans sacrifice they offer to demons and not to God. I do not want you to be participants with demons. You cannot drink the cup of the Lord and the cup of demons. You cannot partake of the table of the Lord and the table of demons. Shall we provoke the Lord to jealousy? Are we stronger than he?

Responsorial Psalm

Ps 116(115):12-13. 17-18. R17a

I will offer you a thanksgiving sacrifice, O Lord.

How can I repay the Lord for all his goodness to me?

The cup of salvation I will raise; I will call on the name of the Lord.

I will offer you a thanksgiving sacrifice;

I will call on the name of the Lord.

My vows to the Lord I will fulfil before all his people.

Gospel Acclamation

John 14:23

Alleluia, alleluia.

If anyone loves me, he will keep my word, says the Lord,

and my Father will love him, and we will come to him.

Alleluia.

Gospel

Luke 6:43-49

‘Why do you call me “Lord, Lord”, and not do what I tell you?’

At that time: Jesus said to his disciples, ‘No good tree bears bad fruit, nor again does a bad tree bear good fruit, for each tree is known by its own fruit. For figs are not gathered from thorn bushes, nor are grapes picked from a bramble bush. The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.

‘Why do you call me “Lord, Lord”, and not do what I tell you? Everyone who comes to me and hears my words and does them, I will show you what he is like: he is like a man building a house, who dug deep and laid the foundation on the rock. And when a flood arose, the stream broke against that house and could not shake it, because it had been well built. But the one who hears and does not do them is like a man who built a house on the ground without a foundation. When the stream broke against it, immediately it fell, and the ruin of that house was great.’

Short reflection on the reading for today

What is visible and tangible is not all that matters. The two houses in today’s parable may have looked the same, in fine weather. But it turns out that they were very different. One was built on sand and the other on solid rock. That most important part of a house, its foundation, is invisible. We are urged to have a sure foundation, below the surface of our living. Just as the two houses had to withstand flood

conditions, we ourselves often we have to deal with various difficulties, relating to our health, our relationships, our work. Our ability to cope with those issues will depend on how solidly we are grounded. Jesus offers himself as the foundation for our faith. Listening to him and following in his way, is how we build our spiritual lives on rock, able to cope with the storms of life. Our Lord wants to be the foundation of our lives. We need to cooperate with his call, and build our lives on him.