

**SOLEMNITY OF  
THE HOLY TRINITY**

Reading Cycle B

Psalter Week 1

Sunday 30<sup>th</sup> MAY 2021

Chaplains:

Llandough-Rev. Peter Davies

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Heath-Rev. David Pritchard

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**ST PATRICK'S GRANGETOWN**

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**Parish Priest:**

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<b>SATURDAY</b>	<b>29<sup>TH</sup> MAY</b>	<b>SOLEMNITY OF THE HOLY TRINITY</b>	<b>6.30pm</b>	<b>George Mackie</b>
<b>SUNDAY</b>	<b>30<sup>TH</sup> MAY</b>		<b>10.00am</b>	<b>People of the Parish</b>
<b>MONDAY</b>	<b>31<sup>ST</sup> MAY</b>			
<b>TUESDAY</b>	<b>1<sup>ST</sup> JUNE</b>	<b>ST JUSTIN , MARTYR (Memorial)</b>	<b>10.00am</b>	<b>Edward Spillane</b>
<b>WEDNESDAY</b>	<b>2<sup>ND</sup> JUNE</b>	<b>Weekday in Ordinary Time</b>	<b>10.00am</b>	<b>Victor Camilleri</b>
<b>THURSDAY</b>	<b>3<sup>RD</sup> JUNE</b>	<b>ST CHARLES LWANGA AND HIS COMPANIONS (Memorial)</b>	<b>10.00am</b>	
<b>FRIDAY</b>	<b>4<sup>TH</sup> JUNE</b>			
<b>SATURDAY</b>	<b>5<sup>TH</sup> JUNE</b>	<b>SOLEMNITY OF THE BODY AND BLOOD OF OUR LORD JESUS CHRIST</b>	<b>6.30pm</b>	<b>Bernard</b>
<b>SUNDAY</b>	<b>6<sup>TH</sup> JUNE</b>		<b>10.00am</b>	<b>P.I (B.R)</b>

**PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:**

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them and all who are in self isolation during the coming week. To all our parishioners who are indisposed we ask that they may receive every grace and blessing.

We pray especially for the repose of the souls of Shirley Philp (sister of Jean Carter) and John Petersen (husband of Maureen Peterson – past teacher) who passed away recently. May they rest in eternal peace+

We also pray for Jean Murphy, William Shinkwin, Irene Cuddihy, Jeannette John, Kathleen Tyte, Philip Driscoll, Michael Sullivan, Angela Pugh, Mark Anthony Anderson, Ann Mahoney, Phyllis Fitzsimmons, Thomas James, Alice Doyle, Daniel Johnson, Doreen O'Donovan, Patricia Atkins, Mary Pearce, Thomas Wolfe, Evelyn Collins, Adeline Jones, Paul O'Connell, Anne Parker, Marjorie Blackburn and all those whose anniversaries occur at this time.

Do not forget to pray for all those who have died and for their families particularly those who have no-one to remember them.

**CANDLES** You will have an opportunity to buy a 7 day candle which will be left either at the Sacred Heart and Our Lady's Altar for the duration of a week. The charge will be £5.

**This week's candles will be lit for Pat Pickering and the People of the Parish**

**Please put your requests through the Presbytery door in an envelope with 'CANDLE' written on the outside.**

**2020 MISSIO RED BOXES:** in the last year, despite our Church being in 'lockdown', St Patrick's has raised £1021.96. Thank you for this tremendous effort and please continue to support Missio in your prayers and donations. If you do not have a Red Box at home and would like one, please contact me at Mass or on the telephone number below. I will be emptying Red Boxes during the month of April. If I am not present at Mass, please leave your Box with Christine and not at the back of the Church. Thank you: Gerry McCarthy 02920 650 330

**CONTACT:** As I said before, you have my telephone number but I don't have yours. So if you want a chat or are in need of help please phone me and leave a message so I can get back to you.

**GOING INTO HOSPITAL?** Please let your parish priest know as he will be pleased to celebrate the Sacrament of the Sick and/or any pastoral support you need, as the team of priests who currently provide 24/7 cover are under a great deal of pressure and therefore no guarantee that a priest will always be available at any particular time. If you know any Catholic already in Hospital who needs a visit or sacramental support please leave details with the Cardiff & Vale Hospital Chaplaincy 029 20743230

**PRAYERS:** It is our duty to pray for each other, for those who are sick and those who care for them. But I also ask your prayers for the Chaplains who sit with those who will die, then with the families and then to stand at the graveside bringing the Peace of Jesus, to these broken families. I remember my good friend at Llandough, Peter Davies RC Chaplain, and Dave Pritchard at the Heath.

**HOUSEBOUND COMMUNIONS:** If you know of a parishioner wishing to receive Holy Communion please contact me.

**WHAT'S NEW ON THE WEBSITE?** Catholic People: **MAY EDITION**

Caritas: **JUNE-JULY BULLETIN**

**SAFEGUARDING:** Please click on the link for Helplines and Information on the Parish Website Homepage.

Those experiencing domestic abuse will be able to go into a Boots or indie chemist and seek help. If they say the codeword 'ANI' (pronounced Annie) they'll be taken to a private room and asked if they want to call 999 or domestic abuse helpline. ANI stands for 'Action Needed Immediately'.

Contact Numbers: National Abuse Helpline 0808 2000 247

Telephone receiver Respect helpline for male victims of abuse 0808 8010 327

**ON-LINE MASS:** There are many sites which stream Catholic Masses. Links are on the Website Eg.

<http://www.catholictv.org/masses/catholictv-mass> Daily Mass (On Demand)

<https://www.mcnmedia.tv/camera/st-mary-of-the-angels> Daily Mass

**MASS INTENTIONS:** Please put your request and donation in an envelope and post it through the Presbytery Door and mark the outside of the envelope to show that it is a Mass request.

**ON-LINE GIVING:** Many Parishes give people the opportunity to donate to their Parish via an on-line link. This has been set up and all monies go directly into the St Patrick's bank account. It is fully secure and you can do it using PayPal if you wish. There is no obligation for you to use this feature but the facility is there if you want it. Just click on the On-line Giving logo on the Home Page on our website and follow the instructions. There is an opportunity for you to Gift Aid your contribution. Thank you to everyone who has used this as a way to support our Parish.

**CONFESSIONS:** For those who wish to avail themselves of the Sacrament of Reconciliation (Confession), I will be available at the END of each weekend Mass NOT before Mass.

**NEW COLLECTION BOXES:** These are now available from the back of the Church. If you pay Income Tax and you do not already Gift Aid your collection and you would like to do so, please do not take a box, but take a form so that a new numbered box can be allocated to you. There is absolutely no cost to you and we can claim back 25p extra for every £1 you give. Just fill in the form and give it to Pattie Johnson so that this can be arranged and you will be given a box with a new number.

## **MESSAGE FROM CANON MIKE**

### **THE MONTH OF JUNE**

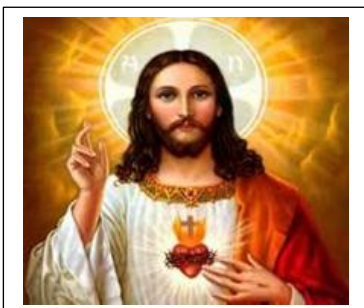
I spoke last year about my Grandmother, my Godmother and my Uncle Charlie. Above my Grandmother's bed hung a picture of the Sacred Heart. On the mantelpiece Aunt Glad had a statue of the Sacred Heart and my Uncle Charlie had a Sacred Heart pin on his jacket. All in their own way had a devotion to the Sacred Heart. May was the month of Our Lady and June we remember the Sacred Heart of Jesus.

For children and other people who see for the first time the image of the Sacred Heart it can be frightening. In front of you stands a man whose hand seems to be holding his heart outside his body. We've all seen it and for some it's eerie and intimidating.

If you look closely you see the Heart is damaged, broken. The older we get we think of the times when our hearts have been broken. Like the first time a certain young lady from Cork broke my heart. I was heartbroken and grief stricken -- I soon got over it. What about the times we have broken the hearts of others; those who love and care for us, when we are selfish and egotistical. I think of the times as a Parish Priest when I've broken the Hearts of Parishioners through my selfishness, my uncharitable and uncaring attitude and for my stupidity and inconsideration towards my own family.

"Lord for those times, please forgive me."

When we break people's hearts we break the Heart of Jesus. He stands in front of us knowing how fickle and inconsistent our love is and yet His Heart is continually pumping love and forgiveness to all who come to Him. Jesus is the Healer of broken hearts. His gentle touch and soothing word exudes a love beyond all understanding. So next time we come across The Sacred Heart of Jesus, let's not be afraid, but look beyond the statue, the picture or pin-badge and hear the gentle and encouraging voice of Jesus "Come to me all you who labour and I will give you rest, for you'll find a love the world cannot give."



Most Holy Trinity, bless us with the gifts of the Holy Spirit.

Give us knowledge so that we may think about God's revelation and know that there are mysteries of Faith beyond our understanding.

With our hearts and minds we glorify You, Father, Son and Holy Spirit for You alone are God.

All praise and honour and glory are yours now and forever,  
O Most Holy Trinity.

Amen

## LIFE'S LIKE THAT!



During a fire at a convent, a group of nuns are trapped on the third floor. Thinking quickly, they took off their habits , tied them together and used them as a rope to climb down from the window.

After safely reaching the ground, a reporter asks, “ Weren’t you worried that the habits would have ripped as you were climbing down? They look old and worn”

“ Of course not!” said one of the nuns.

“Don’t you know how hard it is to break an old habit?”

There was a flood that threatened a village. One man said “I’m staying! God will save me !”

The flood started and a boat came by and the man in it said “Come on, get in!”

“ No!” said the man “God will save me !”

The waters kept rising and by now the man had climbed onto the roof.

A helicopter zoomed in and offered to rescue the man.

“No!” he said “ God will save me!”

Eventually the man drowned.

At the gates of Heaven, he expressed his disappointment to God. “ Why didn’t you save me?”

God said “ For godness sake, child. I sent a boat and a helicopter. What more did you want?”



One Sunday morning, a priest saw a little boy staring intently at the large plaque on the church wall. The plaque was covered with names , and flags on either side of it.

“Father”, asked the boy, “ What’s this?”

He replied, “It’s a memorial to all the men and women who died in the service”

They stood together in silence for a moment.

Finally, the boy asked with genuine concern:

“ Was it at the eight or the ten-thirty Mass?”