

25<sup>th</sup> SUNDAY OF ORDINARY TIME  
 Reading Cycle A  
 Psalter Week 1  
 Sunday 20<sup>th</sup> SEPTEMBER 2020  
 Chaplains:  
 Llandough-Rev. Peter Davies  
 peter.davies4@wales.nhs.uk  
 Heath-Rev. David Pritchard  
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**PLEASE NOTE: IT IS NECESSARY TO WEAR A FACE COVERING WHEN COMING TO MASS  
 AS WELSH GOVERNMENT REGULATIONS HAVE CHANGED**

**MASSES IN THE WEEK**

SATURDAY	19 <sup>th</sup> SEPT	<b>25<sup>TH</sup> SUNDAY OF ORDINARY TIME</b>	6.30pm	Mr & Mrs Amor
SUNDAY	20 <sup>th</sup> SEPT		10.00am	Terry Feehan (Birthday) Maisie
MONDAY	21 <sup>st</sup> SEPT	NO MASS		
TUESDAY	22 <sup>nd</sup> SEPT	<b>Weekday in Ordinary Time</b>	10.00am	Mr & Mrs Amor
WEDNESDAY	23 <sup>rd</sup> SEPT	<b>ST PIUS ( PADRE PIO) (Memorial)</b>	10.00Am	
THURSDAY	24 <sup>th</sup> SEPT	<b>OUR LADY STAR OF THE SEA</b>	10.00am	
FRIDAY	25 <sup>th</sup> SEPT	NO MASS		
SATURDAY	26 <sup>th</sup> SEPT	<b>26<sup>TH</sup> SUNDAY OF ORDINARY TIME</b>	6.30pm	Holy Souls
SUNDAY	27 <sup>th</sup> SEPT		10.00am	People of the Parish

**PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:**

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them and all who are in self isolation during the coming week. To all our parishioners who are indisposed we pray that they may receive every grace and blessing. We pray especially for the Repose of the soul of John (Patsy) Curran who has died recently. May he Rest in Eternal Peace +

We also pray for Leonard Gibson, Pamela O'Donovan, Scott O'Brien, Mr & Mrs Amor and all those whose anniversaries occur at this time. Let us not forget to pray for all those who have died and for their families, as well as a prayer of thanks to those working in our hospitals and care homes.

**CANDLES** You will have an opportunity to buy a 7 day candle which will be left either at the Sacred Heart and Our Lady's Altar for the duration of a week. The charge will be £5. **This week's candles will be lit for the Spillane and McCarthy Families**

**PRAYERS:** It is our duty to pray for each other, for those who are sick and those who care for them. But I also ask your prayers for the Chaplains who sit with those who will die, then with the families and then to stand at the graveside bringing the Peace of Jesus, to these broken families. I remember my good friend at Llandough, Peter Davies RC Chaplain, and Dave Pritchard at the Heath.

**THE WEARING OF FACE COVERINGS:** On Monday 14<sup>th</sup> September the wearing of face-coverings in Places of Worship became mandatory in Wales. Thank you to all who are complying with this new regulation. Priests who are celebrating Mass have difficulty wearing masks /face shield/face coverings and the Welsh Assembly Government has acknowledged this. This quote is from their website.

**Q " Do I have to wear a face covering when attending a religious service?"**

**A Yes, places of worship are indoor public places and so the requirements will apply there as in other public places. We consider that those leading worship or a ceremony may have a reasonable excuse not to wear a face covering if they cannot effectively do so while wearing one, as long as they have taken other sufficient mitigations such as staying continually over 2 metres away from others and wearing a visor."**

For more information [www.gov.wales/coronavirus](http://www.gov.wales/coronavirus) and look at the right hand side ' Frequently asked questions' As our sanctuary is very large and there is more than 2 metres between Canon Mike and the first pew, he will wear a face shield for the giving out of Holy Communion only.

**ON-LINE GIVING:** Many Parishes give people the opportunity to donate to their Parish via an on-line link. This has been set up and all monies go directly into the St Patrick's bank account. It is fully secure and you can do it using PayPal if you wish. There is no obligation for you to use this feature but the facility is there if you want it. Just click on the On-line giving logo on the Home Page on our website and follow the instructions.

**MISSIO (RED BOXES)** Thank you to all who have been collecting their small change in the red Missio boxes. Last year (2019) we raised £1977.59. A marvellous effort. If you would like to have one of the boxes please see Gerry McCarthy and if you have one that needs emptying, please bring it along to Mass.

**GOING INTO HOSPITAL?** Please let your parish priest know as he will be pleased to celebrate the Sacrament of the Sick and/or any pastoral support you need, as the team of priests who currently provide 24/7 cover are under a great deal of pressure and therefore no guarantee that a priest will always be available at any particular time. If you know any Catholic already in Hospital who needs a visit or sacramental support please leave details with the Cardiff & Vale Hospital Chaplaincy 029 20743230

**GIFT AID COLLECIONS;** The 'Gift Aid' and non-gift aid envelopes are now available for collection. Please see Pattie or Chris at the weekend Masses to get your box.

**CONTACT:** As I said before, you have my telephone number but I don't have yours. So if you want a chat or are in need of help please phone me and leave a message so I can get back to you.

**WHAT'S NEW ON THE WEBSITE:** The readings for the day will hopefully be posted each day as well as other items of interest. There are links on the website which may help you with your devotion.

**SAFEGUARDING:** Please click on the link for Helplines and Information on the website homepage.

**ON-LINE MASS:** There are many sites which stream Catholic Masses. Links are on the Website Eg.

<http://www.catholictv.org/masses/catholictv-mass> Daily Mass ( On Demand)

<https://www.mcnmedia.tv/camera/st-mary-of-the-angels> Daily Mass

**The obligation to attend Sunday Mass remains suspended.**

**JUST A FEW REMINDERS.** **Please don't forget your Face Covering.**

Thank you to all who come to Mass and are complying with the rules and regulations that have been put in place to keep you safe

**WHEN IT IS TIME FOR HOLY COMMUNION WHICH IS AT THE VERY END OF MASS, PLEASE WAIT UNTIL THE STEWARD INVITES YOU TO COME FORWARD. THIS STARTS FROM THE BACK OF THE CHURCH. EVEN IF YOU ARE NOT RECEIVING, PLEASE JOIN THE LINE, AND THEN LEAVE THE CHURCH VIA ONE OF THE PORCHES.**

**PLEASE USE TWO LINES TO COME FORWARD AND TRY NOT TO WEAVE FROM ONE SIDE TO ANOTHER.**

**You will not be able to return to your place so please take your bag with you when you go up for Communion. Also if you need to see me for any reason please sit in one of the transept pews so that the exit is unobstructed. Be careful on the steps as you go through the porch. There is one step into the porch and two more as you step outside.**

**A steward be there with a bucket for the retiring collection.**

**Please leave the grounds of the Church and maintain Social Distancing at all times.**

### **MESSAGE FROM CANON MIKE**

Hello, I hope I find you well and keeping nasty Mr Coronavirus at arms' length well away from you and the family. When I heard the news of those men from the Rhondda who organised a bus trip to the races at Doncaster I was not sure if I should laugh or cry. Even I thought it was rather stupid or selfish to travel that distance then stopping in a number of pubs along the way. When challenged, the reply of the organiser was " We go every year and this year is no different." No different? What world is he living in?

This coming week we see the Welsh Church rejoice with two saints, who lived and worked within a stones' throw of Grangetown: St Barruc and St Cadoc. ( 27<sup>th</sup> and 25<sup>th</sup> September)

Barruc, or known to many as Barry as in Barry Island. He's not a member of the cast of 'Gavin and Stacey', but lived and worked in that area 1500 years even before the funfair opened.

The Celtic Church was strong along the South Wales Coast. You've heard me say that their main mode of transport was boat, so the sea around South and West Wales was equivalent to our 'M4 Corridor'.

The times we've all spent on the sands with hundreds of people all around, hoping for a little peace and quiet.

Barruc belonged to a Community of Monks who led an austere life-style, living on the fringes of society, in deep contemplation with nature. They took to their boats and headed for Flat Holm and on the return journey Abbot Cadoc found he had left his Prayer Book and St Barruc went to retrieve it. Sadly his boat capsized and he drowned. He was buried in his cell above the Island adjacent to what was Butlins' ( Friars Road).

Maybe we could look upon Barry Island as a " Holy Island", a place of pilgrimage, not so much for the ice-cream and candy floss, but for interaction with nature thanking God the Creator for the beauty of the island and for the faith of those Celtic monks which has been handed down to us.

I mentioned his Abbot, Cadoc, a contemporary of David, a man of great learning and spirituality, who founded a Community at Llancarfan, near Rhoose Airport. Again, his monastery built near the sea, which he used as a " Highway" to preach the " Good News".

Those Celtic Monks were travellers. Their journeys took them throughout Europe as well as Ireland and Scotland, where they created new monasteries.

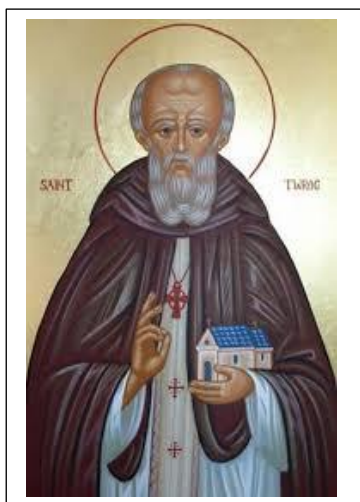
Cadoc was born in or around Newport to Gwynllyw and Gwladys who, as I've told you before were people who enjoyed eating and drinking, and many other pleasures which I will leave to your imagination. Cadoc disliked their way of life ( spoil-sport) and had them turn towards the light of Christ. From swimming naked in the river Usk, the same water brought them into the Celtic Church. His Feast Day we celebrate of September 25<sup>th</sup>.

Sadly many Roman Catholics are unaware of our history within our own country of Wales. These Celtic Saints were alien to us, but we must bring them from the pages of our history books and make them part of the Catholic Church in the 21<sup>st</sup> Century.

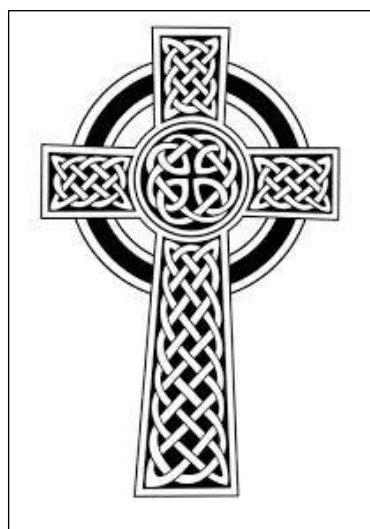
Let us learn from Barruc and Cadoc to appreciate the wonder of nature, which sadly we are destroying, and encounter the Lord within the silence and stillness of our hearts and minds.

The noble simplicity of these men and women are needed today as spiritual guides in a mad, selfish and egotistical world.

### *St Barruc and St Cadoc Pray for us*



St Cadoc



#### Prayer for Wales

O Almighty God,  
Who in Thine infinite goodness  
has sent Thine only-begotten Son into this world  
to open once more the gates of heaven,  
and to teach us how to know, love and serve Thee,  
have mercy on Thy people Who dwell in Wales.  
Grant to them the precious gift of faith,  
and unite them in the one true Church  
founded by Thy Divine Son;  
that, acknowledging her authority  
and obeying her voice,  
they may serve Thee, love Thee, and worship Thee  
as Thou desirest in this world,  
and obtain for themselves everlasting happiness  
in the world to come.  
Through the same Christ our Lord.

R. Amen.

## LIFE'S LIKE THAT!



When I was younger I hated going to weddings . It seemed that all of my aunts and the grandmotherly types used to come up to me, poking me in the ribs and cackling, telling me “ You’re next. You’re next.”

They stopped that stuff after I started doing the same things to them at funerals.

A man is in prison and his dad sends him a letter. The letter says

“ Dear son, now that you’re in jail, I have no-one to weed my garden”

The son writes a letter back, saying “ Dad, you can’t weed the garden. That’s where I buried the bodies. “ The police intercept the letters and learn that the bodies are hidden in the garden. A team of forensic officers spend two weeks digging it up. They find nothing. A letter arrives some time later from the son. “ Dear Dad. Sorry that was the best I could do.”

One Sunday a vicar told the congregation that the Church needed so extra money and asked the people to prayerfully consider giving a little extra in the offering plate. He said that whoever gave the most would be able to pick out three hymns. After the offering plates were passed , the vicar glanced down and noticed that someone had placed a £500 note in the offering.

He was so excited that he immediately shared his joy with his congregation and said he’d like to personally thank the person who placed the money in the plate.

A very quiet, elderly, saintly lady at the back shyly raised her hand. The vicar asked her to come to the front . Slowly she made her way. He told her how wonderful it was that she gave so much and in thanksgiving asked her to pick out three hymns.

Her eyes brightened as she looked over the congregation, pointed to the three most handsome men in the building and said “ I’ll take him, and him and him.”

