

FIRST SUNDAY OF ADVENT
Reading Cycle B
Psalter Week 1
Sunday 29th NOVEMBER 2020
Chaplains:
Llandough-Rev. Peter Davies
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Heath-Rev. David Pritchard
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MASSES THIS WEEK

SATURDAY	28TH NOV	FIRST SUNDAY OF ADVENT	6.30pm	November Dead List
SUNDAY	29TH NOV		10.00am	November Dead List Sp I

MONDAY	30TH NOV			
TUESDAY	1ST DEC	FIRST WEEK OF ADVENT	10.00am	George Gould
WEDNESDAY	2ND DEC	FIRST WEEK OF ADVENT	10.00am	Private Intention (AMC)
THURSDAY	3RD DEC	ST FRANCIS XAVIER (Mem)	10.00am	Fr Dewi Davies + Fr Volan Evans
FRIDAY	4TH DEC			

SATURDAY	5TH DEC	SECOND SUNDAY OF ADVENT	6.30pm	Bernadette and Tom
SUNDAY	6TH DEC		10.00am	Lu Mooney

PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them and all who are in self isolation during the coming week. To all our parishioners who are indisposed we pray that they may receive every grace and blessing.

We pray especially for the Repose of the souls Martin Fitzsimmons and Tony Murray who have died recently. May they rest in Eternal Peace +

We also pray for Irma Davies, Edward Brocklebank, Michael Molloy, Alma Mackie, Jean Thomas, Reginald Paul, Veronica Harrington, Patricia Gerrard, Mary Camilleri, Maria Pratt, Josef Kowalewski, Joseph Moon, John Roberts, Catherine Feeney, and all those whose anniversaries occur at this time.

Do not forget to pray for all those who have died and for their families particularly those who have no-one to remember them.

PRAYERS: It is our duty to pray for each other, for those who are sick and those who care for them. But I also ask your prayers for the Chaplains who sit with those who will die, then with the families and then to stand at the graveside bringing the Peace of Jesus, to these broken families. I remember my good friend at Llandough, Peter Davies RC Chaplain, and Dave Pritchard at the Heath.

CANDLES You will have an opportunity to buy a 7 day candle which will be left either at the Sacred Heart and Our Lady's Altar for the duration of a week. The charge will be £5. **This week's candles will be lit for the German Family**

CHRISTMAS MASSES: **The First Mass of Christmas on Christmas Eve is now fully booked.** Because of restricted numbers, entry will be by ticket only. Tickets are still available for the Christmas Day Masses, 9.00am and 10.30am. Tickets are available now in Church before and after Masses during the week and the weekend.

The eagle-eyed among you will have noticed that the pews are now numbered. There will be a seating plan for the Christmas Masses so that we can get everyone in --- socially distanced.

NO MASS on Saturday December 26th (Boxing Day).

SVP CHRISTMAS COLLECTION: The Annual Christmas Collection will take place this week and next week. There will be a special bucket for your donations as you enter the Church. Please give generously. Thank you for your continued support during these difficult times. If you know of anyone who is in need of help, please let one of the SVP Members know.

MASS INTENTIONS FOR 2021: The new diary for 2021 is now open. Please put your request and donation in an envelope and post it through the Presbytery Door. Please mark the outside of the envelope to show that it is a Mass request.

NEW ARCHDIOCESAN YEAR BOOK: There is a limited number of copies of the book for 2021. These are available as you come into Church. Price £3.

ON-LINE GIVING: Many Parishes give people the opportunity to donate to their Parish via an on-line link. This has been set up and all monies go directly into the St Patrick's bank account. It is fully secure and you can do it using PayPal if you wish. There is no obligation for you to use this feature but the facility is there if you want it. Just click on the On-line Giving logo on the Home Page on our website and follow the instructions.

GOING INTO HOSPITAL? Please let your parish priest know as he will be pleased to celebrate the Sacrament of the Sick and/or any pastoral support you need, as the team of priests who currently provide 24/7 cover are under a great deal of pressure and therefore no guarantee that a priest will always be available at any particular time. If you know any Catholic already in Hospital who needs a visit or sacramental support please leave details with the Cardiff & Vale Hospital Chaplaincy 029 20743230

CARITAS BULLETIN: This is available on the website for you to read.

CONTACT: As I said before, you have my telephone number but I don't have yours. So if you want a chat or are in need of help please phone me and leave a message so I can get back to you.

SAFEGUARDING: Please click on the link for Helplines and Information on the website homepage.

ON-LINE MASS: There are many sites which stream Catholic Masses. Links are on the Website Eg.

<http://www.catholictv.org/masses/catholictv-mass> Daily Mass (On Demand)

<https://www.mcnmedia.tv/camera/st-mary-of-the-angels> Daily Mass

The obligation to attend Sunday Mass remains suspended.

MESSAGE FROM CANON MIKE

Hello, Just arrived home from my daily walk via Grange Gardens only to be stopped by a lady who had a complaint. She thought I was the Park Keeper. I explained that the last Park Keeper to work and care for the gardens left a few years ago. Maybe it was the flower-pot that I had under my arm that gave her the impression I was a man of importance !

I hope you all had a good week and are keeping Nasty Mr Coronavirus far from your front door.

I remembered writing a few words during Lent and saying that this year all of us were going into the wilderness during lockdown, making the journey into the Desert a reality.

This weekend we start the journey of Advent: a time of preparation, of going out again into the Desert of oneself.

These next few weeks of preparation, not for Santa, but for Jesus, Mary and Joseph, will be different from former years. With all these restrictions we will focus upon the importance of hearing from John the Baptist calling us to prepare for the coming of the Lord, stripping away all that hinders us from this encounter.

The Silence of the First Christmas will be found this year in the silence of our Christmas Liturgy . The only voices raised in song will be that of the Angels

“ Glory to God in the Highest and Peace to people of Good Will”

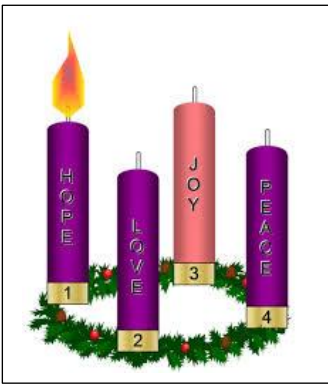
The starkness of the stable gave way to the Brightness and Glory of the Christ Child, as will our Church and our lives this year of Coronavirus. This year, there will be little adornment, an austerity, but through this ordinariness, this unpretentiousness, we will encounter Jesus, the Word made Flesh, Son of God, and Son of Man.

So let us take our first steps into Advent which will bring us to the stable and the family home, the home of all God's children.

At our weekend Masses next week , our children will make their First Holy Communion. Unlike past celebrations it will be low-key, no singing or dancing, but the quiet invitation to the Lord and the acceptance of the children to

“Come and Eat, for this is MY BODY”





The First
Advent Candle
symbolises
Hope.

LIFE'S LIKE THAT!

Two postmen were standing outside the sorting office at the end of their rounds when one spotted a snail crawling by. Suddenly he stamped on the snail, brutally squashing it into the ground.

"That was bit cruel" said his colleague.

"That snail had it coming. It's been following me round all day."

A muscular young man working on a construction site kept bragging that he was the strongest member of the gang. After a while, his boasting began to irritate the older workers to the point that one issued him with a challenge.

"It's time to put your money where your mouth is." said the elder worker. "I'll bet a week's wages that I can haul something in a wheelbarrow over to that out-building that you won't be able to wheel back."

"You're on" said the young man, already mentally counting his winnings.

"So the older workman grabbed a wheelbarrow by the handles and said to the younger man "Okay. Get in ..."

A store manager overheard a sales assistant saying to a customer, "No madam, we haven't had any for some weeks now, and it doesn't look like as if we'll be getting any soon."

Alarmed, the manager rushed over to the customer as she was walking out of the door and said "That isn't true, madam. Of course we'll have some soon. In fact we placed an order for it a couple of weeks ago."

Then the manager pulled the sales assistant to one side and growled "Never, ever say we don't have something. If we haven't got it, say we've ordered it and we're expecting it any day. Understand? Now what was it she wanted?"

"Rain"

PROTOCOL FOR THE ESTABLISHMENT OF CRIBS FOR CHRISTMAS 2020

1. A maximum of 4 shepherds will be permitted in the Crib.
2. All will have to wear a mask and observe social distancing.
3. Joseph, Mary and Baby Jesus will be able to stay together as they form part of a family bubble.
4. The donkey and the ox will have to obtain a declaration of non contamination certified by the Department of Agriculture.
5. The Three Wise Men will be subject to a 15 day quarantine, regardless of whether or not they have tested negative for Covid as they come from a non Schengen Area.
6. The straw, moss, palm branches and other decorations must be disinfected with alcohol.
6. The angel flying over the Crib will not be allowed due to the aerosol effect produced by the batting of his wings.
7. The choir will be restricted to one person because of the risk of contamination.
8. No shepherd shall be more than 65 yrs old or in a vulnerable category.
9. All non essential participants (Romans, sinners...) are forbidden.
10. Pilate will explain to all authorised participants how to wash their hands

