

FOURTH SUNDAY OF ORDINARY TIME

Reading Cycle A

Page 130 in the New Orange Mass Book

Psalter Week 4

Sunday 1ST FEBRUARY 2026

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ST PATRICK'S GRANGETOWN

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MASSES AND SERVICES FOR THE WEEK

| | | | | |
|-------|----------------------|--|---------|---|
| SAT | 31 ST JAN | FOURTH SUNDAY OF ORDINARY TIME | 6.00pm | Bernard Johnson R.I.P + Mary Johnson R.I.P + |
| SUN | 1 ST FEB | | 10.00am | Millie and Bert Swaffield R.I.P Deceased members of the Union Family |
| MON | 2 ND FEB | FEAST OF THE PRESENTATION OF THE LORD | 10.00am | People of the Parish |
| TUES | 3 RD FEB | Weekday in Ordinary Time | 10.00am | John Good R.I.P |
| WED | 4 TH FEB | Weekday in Ordinary Time | 10.00am | Victor Camilleri R.I.P |
| THURS | 5 TH FEB | MEMORIAL OF ST AGATHA | 10.00am | Emilio Forte R.I.P |
| FRI | 6 TH FEB | MEMORIAL OF PAUL MIKI AND COMPANIONS | 10.00am | Darrah McDonagh R.I.P |
| SAT | 7 TH FEB | FIFTH SUNDAY OF ORDINARY TIME | 6.00pm | People of the Parish |
| SUN | 8 TH FEB | | 10.00am | Patricia Barry R.I.P |

PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:

Let us pray for the repose of the souls of Janet Doyle and Patricia Barry May they rest in eternal peace.

This week we also pray for, Neil Williams (1982), John Tree, Charles Gauci (1985), Ellen Moss (1986), Sean McAndrew (1988), FR Francis Morris (1990), Harriet Slugg (1991), Emmanuel Drakakis, William Taylor, Paul Muscat, Frederick Greenslade (1992), William Melean (1993), Michael Gibson (1994), Edward Evans (1995), Anna Snook, Winifred Doble (1999), Mercedes Jones (2000), William Cowley (2001), Eileen Cleverdon, Terry Stevens (2002), Patrick Hanson, John McKendrick (2004), Margaret Demmanuel, Margaret Rees (2005), Angelo Tabone, James Cruise (2007), Bertha Desmond, Fr Thomas Keane (2015), Robert Sloman (2016), Pat Davies (2018), Fr Ray O'Shea (2021), Jean Carter, Brian Seignott (2022), John Desmond (2024), Teresa Tanti (2025) and all whose anniversaries we remember at this time.

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them during the coming week. To all our parishioners who are indisposed we ask that they may receive every grace and blessing.

CANDLES You can buy a 7 day candle (£5.00) which will be left at the Sacred Heart or Our Lady's Altar for the duration of a week. **This week candles will be lit for Kevin Calford, Mary Christianson, Brian Seignott and a Special Intention**

THANK YOU; for all the kind messages and prayers from so many people. My stay in hospital was short but exhausting and I return to you with somewhat dented vim and vigour. Hi Ho ! I am still here !

PASTORAL LETTER FROM ARCHBISHOP MARK : " Heart speaks to Heart" There are a few copies at the back of the Church and you can read or listen to the letter on the Parish Website.

LIVE STREAM LINK: A camera and all the tech stuff have been installed.. Church Services can be viewed live on the Parish Website.

This should be available on computers, tablets and phones. Parishioners are reminded that the live stream is always active in the Church and covers the Altar and first 6 rows of the church. If you do not wish to be on the live stream please sit further back.

PARISH REPORTING PROFORMA FOR JANUARY : This is on the Events and Noticeboards at the back of the Church.

SACRAMENT OF RECONCILIATION after any Mass. just ask Canon Mike.

PIETY STALL: New Year Diaries and Mothering Sunday cards and gifts. New Stock is coming !!

ARCHDIOCESAN YEAR BOOKS These are available at the back of the Church £5.00

DONATING TO THE PARISH ONLINE: Please see the link on the Home Page on the Parish website

OLD SPECTACLES/ GLASSES: **THE KNIGHTS OF ST COLUMBA** are collecting any old prescription spectacles/glasses. There is a box at the back of the Church.

PARISH WEBSITE: This is updated every day. There is the reading for the day, and a reflection, the latest newsletter, times of Masses. There is also a link to the online stream. Find out more, www.stpatrickscardiff.co.uk

MASS INTENTIONS At the back of the Church there are envelopes for you to put your donation and the details of when you would like a Mass and for whom. Please indicate if the person is deceased. Please put your envelope in the Offertory Bag or the Brown Box at the back of the Church.

SAFEGUARDING: Helplines on the Parish Website and on the Parish Noticeboard First Aid Box is in the Sacristy.

GOING INTO HOSPITAL? Let the Hospital know that you are a Catholic and would like a visit from the Chaplain. If you are a relative and would like the Catholic Hospital Chaplain to make a visit please leave the name of the person you want them to see and the Ward details if possible. When you ring the Chaplaincy 02921 843230 leave your contact details so that they can contact you.

HOUSEBOUND COMMUNIONS: If you know of a parishioner wishing to receive Holy Communion contact Canon Mike.

CHURCH COLLECTIONS: 24th / 25th January £ 534. 69

WEEKLY MESSAGE

When God created our world He gave us a path to follow, a path that would be filled with joy, and that would lead us to His Heavenly Kingdom. Sadly we strayed from that path, choosing instead to go our own way and that in the main is how humanity has continued. Every day we see around us violence, unrest, and unhappiness. But God does not want us to continue in this way. In the Old Testament we hear how God gave Moses a set of rules, Commandments which would give us a framework on which to live our lives. Our very legal system is based on these Commandments. When Jesus came to us He gave us the Beatitudes, which tell us that even though we may be in difficult circumstances there is the opportunity to reach God's Heavenly Kingdom at the end of our lives. Each of Jesus' Beatitudes contains an invitation to those seemingly unworthy of the kingdom.

Picture a series of seven rings, each suspended on a short rope such that you might see in a child's playground. The goal is to get from one end to the other by swinging from ring to ring. The first ring is within your reach, so if you grab it and swing on it, your momentum will bring you within reach of the second ring, and swinging on the second ring will bring you within reach of the third, and so on.

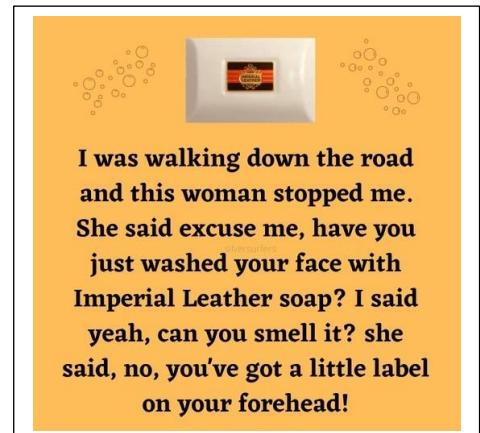
The Beatitudes are like a series of rings. In order to move to the next ring, we have to grab each one in order. The only way to get to the fifth ring of forgiveness, the sixth ring of purity, or the seventh ring of peace is by means of the rings that come before. We can't start from the fifth, sixth, or seventh ring. They have to be reached, and the Beatitudes show us how. The good news is that the first ring is within our reach. "Blessed are the poor in spirit" (Mat. 2:3). This means that blessing begins when we acknowledge that we can't do it alone, that we need God's help. In the kindness of God, the need that we feel for forgiveness, purity, and peace in our lives is what gets us onto the first ring. Moving from ring to ring is not easy, we will be discouraged, we might be tempted to give up. But God is there ready to give us extra strength if we seek Him.

During the last week we have all experienced unsettling moments, but the steady hand of the Lord is there, giving us the strength to move on.

*Thank You God
for everything in my life.
The good & bad.
Some were
Blessings
& some were
Lessons!*

All through veterinary school, an aspiring vet made ends meet by working nights working as a taxidermist. When he finally graduated, he decided to combine the two vocations in the hope not only of providing a more comprehensive service to his customers, but also of doubling his income. So he opened his own offices with a sign on the door saying:

*'Dr Brunskill: Veterinary Medicine and Taxidermy—
Either way you get your dog back'*



I was walking down the road
and this woman stopped me.
She said excuse me, have you
just washed your face with
Imperial Leather soap? I said
yeah, can you smell it? she
said, no, you've got a little label
on your forehead!